



SISTEMA SANITARIO REGIONALE

AZIENDA OSPEDALIERO-UNIVERSITARIA  
SANT'ANDREA

## Cardio-TC/RM WEBINAR FAD

Dal 16 maggio 2024 all'11 Luglio 2024

### PROGRAMMA

#### 16 Maggio – ore 17.00/18.00

Introduzione al Corso (A. Laghi)  
Saluti Direzione Generale AOUSA (D. Donetti)  
Tecnica di acquisizione della Cardio TC/Utilizzo del Mdc e Triple-rule-out (D. Caruso)

#### 23 Maggio – ore 17.00/18.00

Anatomia coronarica (L. Pugliese)

#### 30 Maggio – ore 17.00/18.00

Caratteristiche di placca: calcifica, non calcifica, vulnerabile (D. De Santis)

#### 6 Giugno – ore 17.00/18.00

La definizione della stenosi secondo CAD-RADS v.2 (D. De Santis)

#### 13 Giugno – ore 17.00/18.00

Indicazione alla Cardio RM, protocollo di acquisizione e sequenze principali (D. De Santis)

#### 27 Giugno – ore 17.00/18.00

Patologia infiammatoria (miocarditi, pericarditi) (D. De Santis)

#### 4 Luglio – ore 17.00/18.00

Cardiopatia ischemica (L. Pugliese)

#### 11 Luglio – ore 17.00/18.00

Cardiomiopatie (ipertrofica, dilatativa, aritmogena) e patologie da Accumulo (L. Pugliese)



SAPIENZA  
UNIVERSITÀ DI ROMA

Il Corso Webinar CardioTC e CardioRM del Sant'Andrea 2024 è un corso di Cardio TC (Tomografia Computerizzata) e Cardio RM (Risonanza Magnetica) progettato per fornire ai discenti una comprensione approfondita delle due principali tecniche di imaging cardiaco utilizzate nella pratica clinica moderna.

Questo corso mira a fornire una panoramica completa dei principi di base, delle applicazioni cliniche e delle sfide associate all'uso della TC e della RM nel contesto della valutazione cardiaca. Il corso inizia con una discussione delle tecniche di acquisizione della Cardio TC, compreso l'uso dei mezzi di contrasto e i protocolli come il "Triple-rule-out". I discenti impareranno a interpretare le immagini TC per valutare l'anatomia coronarica, identificare caratteristiche delle placche aterosclerotiche e definire stenosi coronariche secondo il sistema CAD-RADS.

Successivamente, il focus si sposta sulla Cardio RM, esplorando le indicazioni per questo tipo di imaging, i protocolli di acquisizione e le sequenze principali utilizzate per valutare la struttura e la funzione cardiaca per diagnosticare patologie cardiache, tra cui infiammazioni miocardiche, cardiomiopatie e malattie da accumulo.

PROVIDER: StudioProgress ID: 652

N° IDENTIFICATIVO AGENAS: ID 412471

#### Segreteria Organizzativa e Provider 652

StudioProgress snc Via Cattaneo 51  
25121 Brescia Tel: 030/290326 – Fax: 030/2809839  
info@studioprogress.it – www.studioprogress.it  
fad.studioprogress.it

#### Segreteria Scientifica

Prof. Andrea Laghi – Dott. Damiano Caruso  
U.O.C. di Radiologia  
AOU Sant'Andrea Sapienza Università di Roma



GE HealthCare



SISTEMA SANITARIO REGIONALE

AZIENDA OSPEDALIERO-UNIVERSITARIA  
SANT'ANDREA

# Patologia infiammatoria: Miocarditi e Pericarditi

Dr. Tiziano Polidori, MD

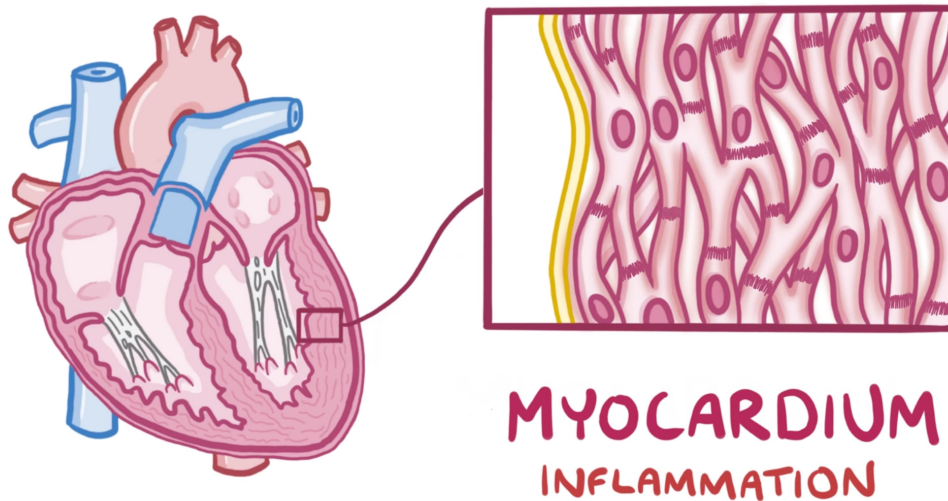
Dept of Medical-Surgical Science and Translational Imaging

Sapienza - University of Rome

[tiziano.polidori@uniroma1.it](mailto:tiziano.polidori@uniroma1.it)

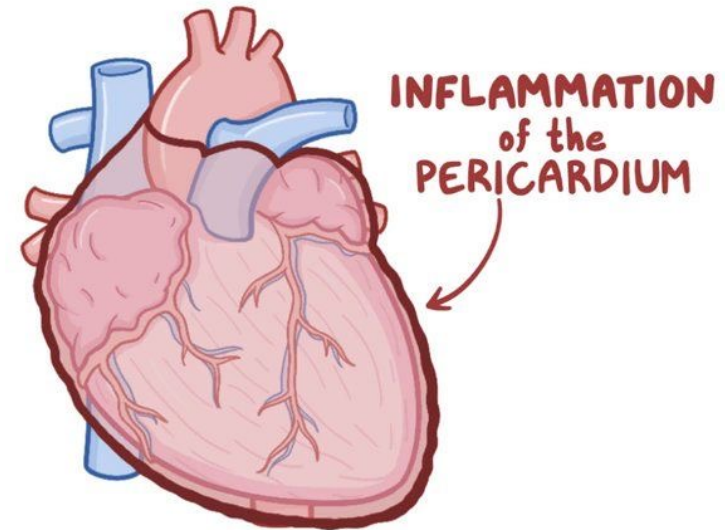


## MYOCARDITIS



Inflammatory condition of the heart muscle (myocardium).

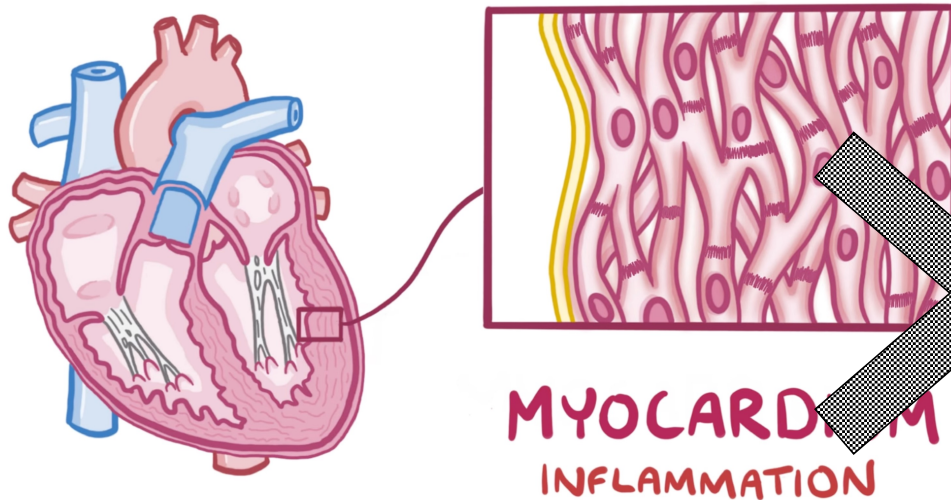
## PERICARDITIS



Inflammation of the pericardium, the thin, two-layered sac-like membrane that surrounds the heart.

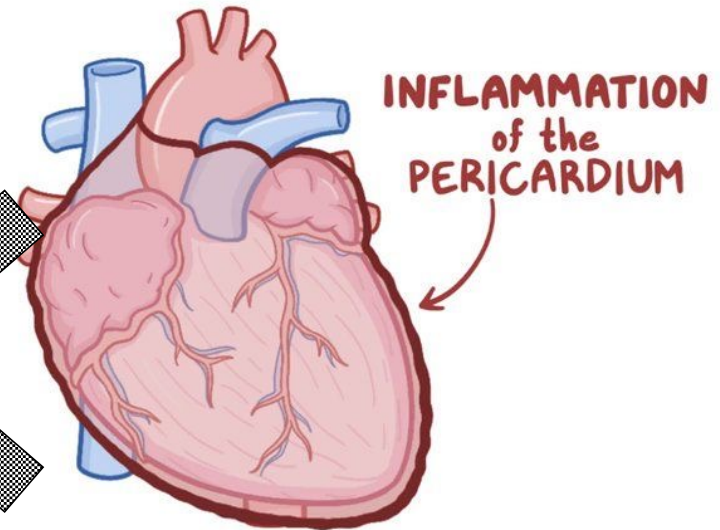


## MYOCARDITIS



Inflammatory condition of the heart muscle (myocardium).

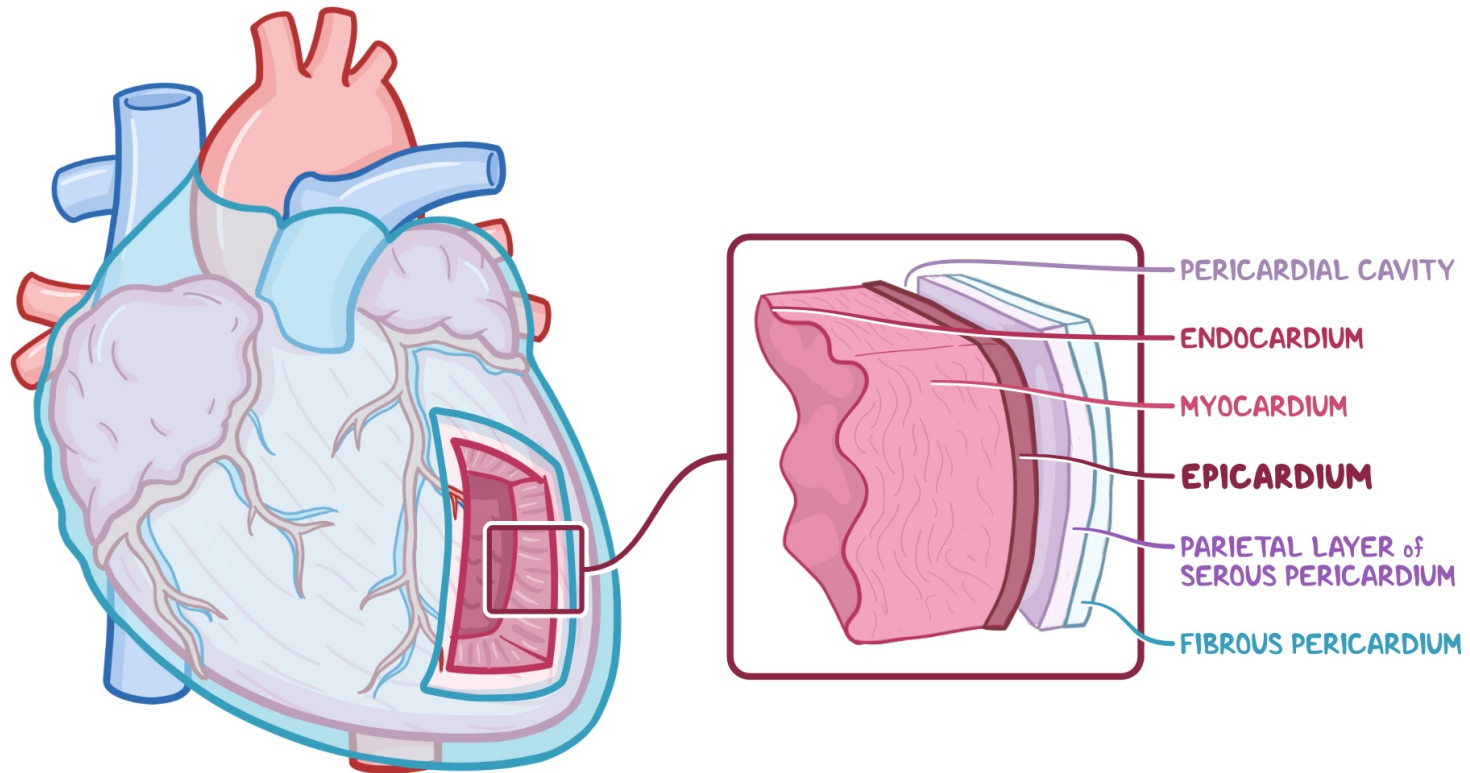
## PERICARDITIS

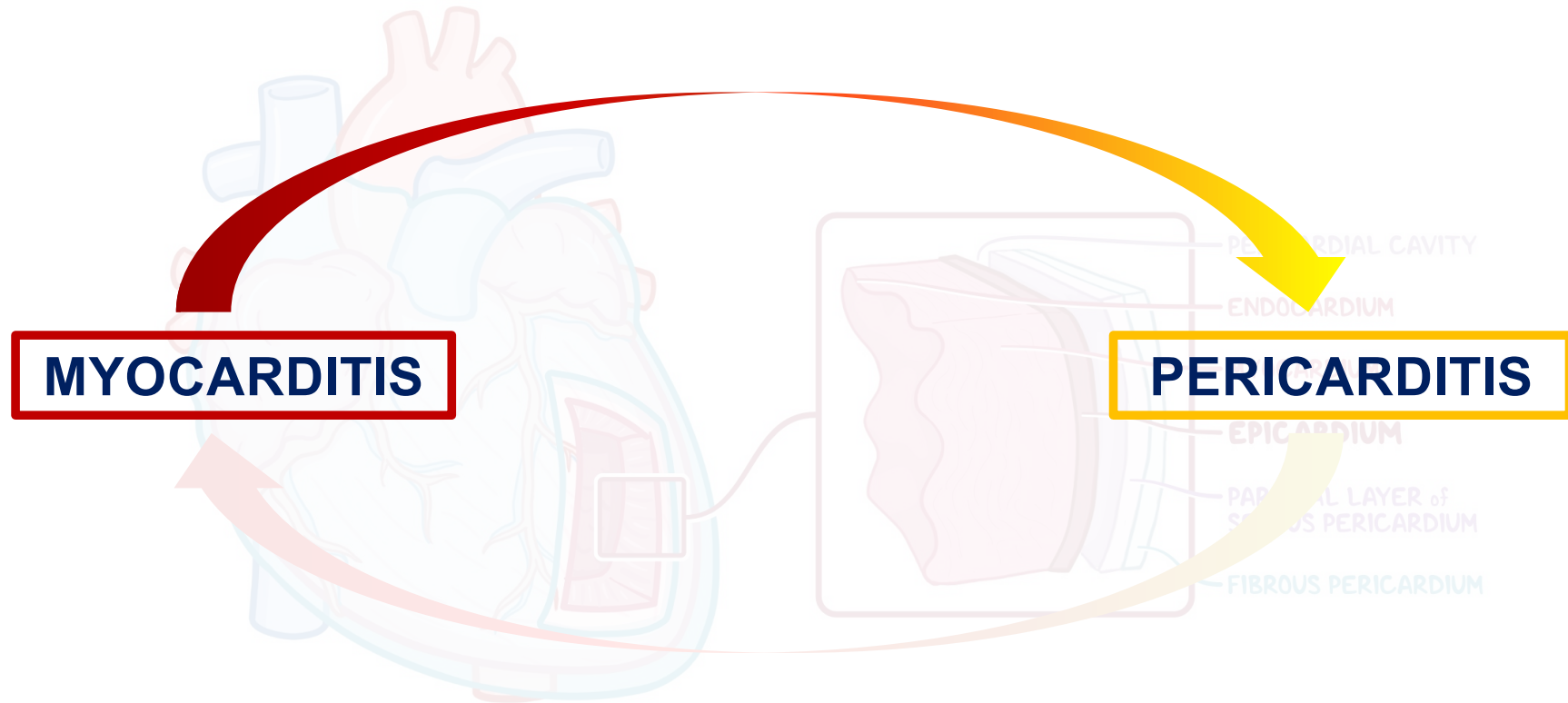


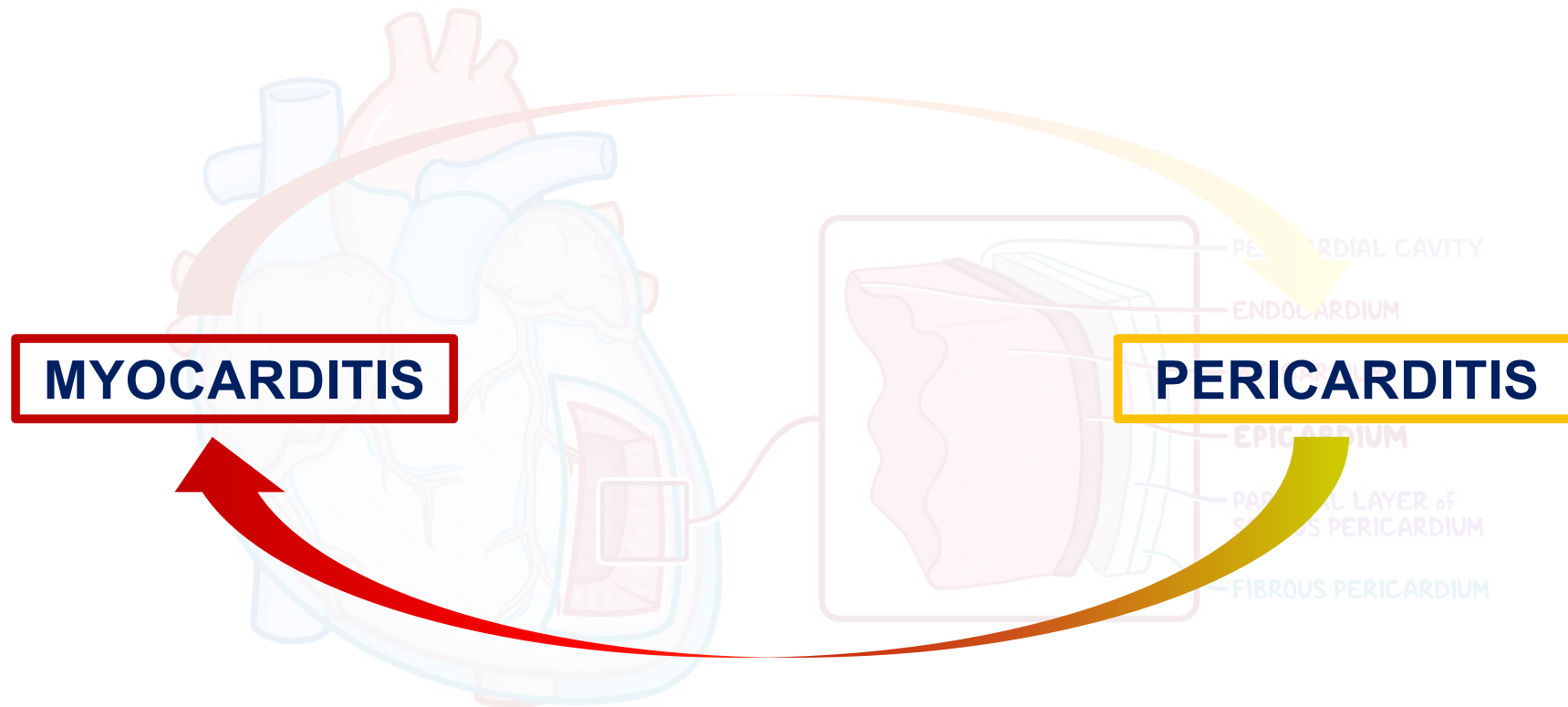
Inflammation of the pericardium, the thin, two-layered sac-like membrane that surrounds the heart.

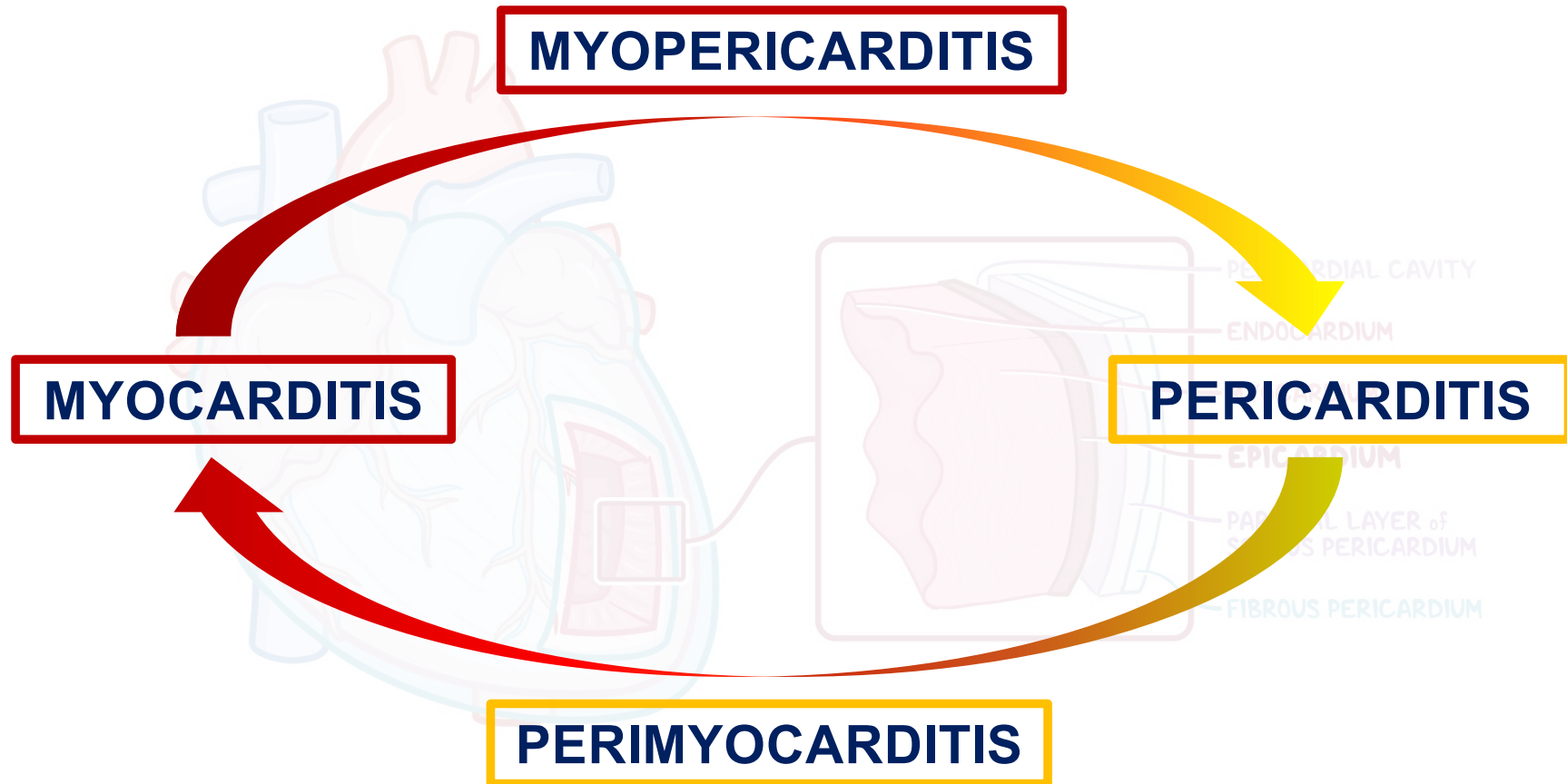


# CARDIAC INFLAMMATORY DISEASE





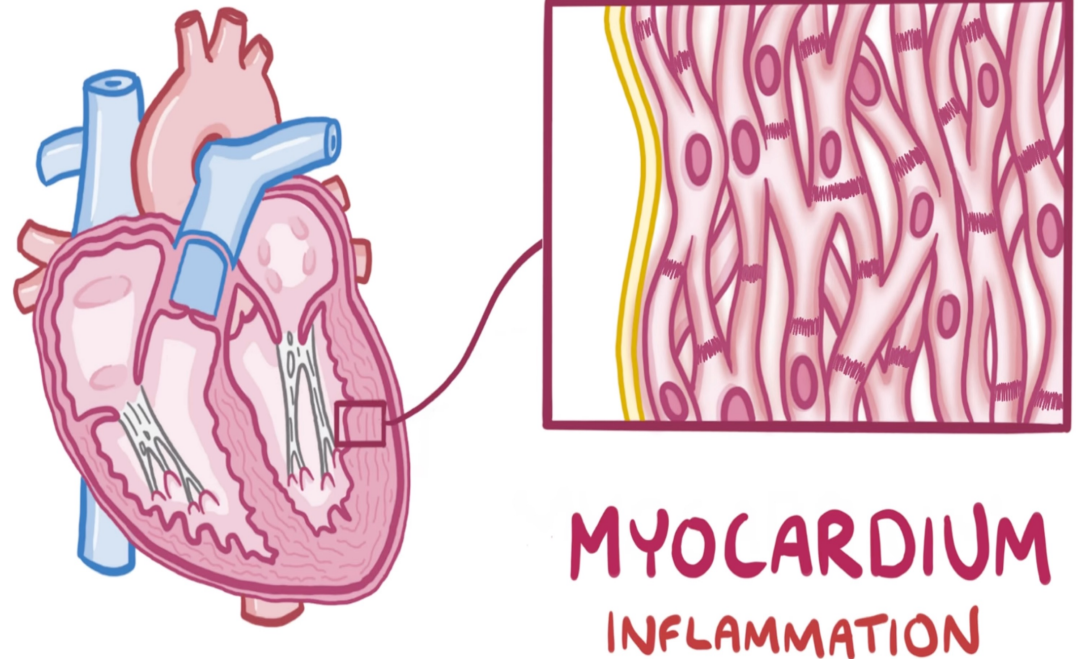






## MYOCARDITIS

- 1 to 10 cases per 100,000 people per year.
- 12% of young adults (<40 y) who die suddenly.
- incidence increases following certain viral infections → 1-5% of cases following a viral infection (coxsackievirus, adenovirus, pB19).

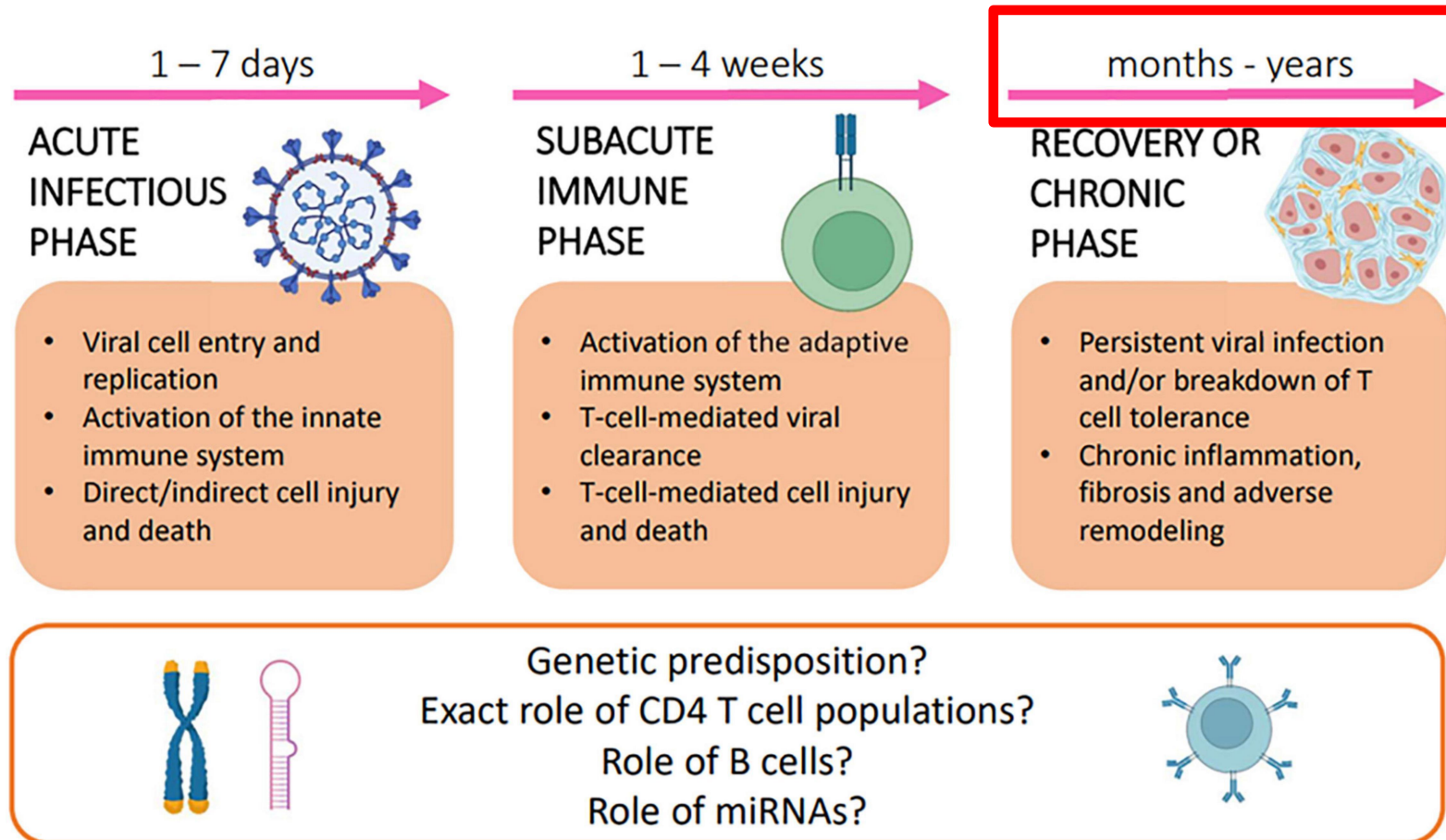




**Table I Causes of myocarditis/inflammatory cardiomyopathy**

1. Infectious myocarditis	
Bacterial	<i>Staphylococcus, Streptococcus, Pneumococcus, Meningococcus, Gonococcus, Salmonella, Corynebacterium diphtheriae, Haemophilus influenzae, Mycobacterium (tuberculosis), Mycoplasma pneumoniae, Brucella</i>
Spirochaetal	<i>Borrelia</i> (Lyme disease), <i>Leptospira</i> (Weil disease)
Fungal	<i>Aspergillus, Actinomyces, Blastomyces, Candida, Coccidioides, Cryptococcus, Histoplasma, Mucormycoses, Nocardia, Sporothrix</i>
Protozoal	<i>Trypanosoma cruzi, Toxoplasma gondii, Entamoeba, Leishmania</i>
Parasitic	<i>Trichinella spiralis, Echinococcus granulosus, Taenia solium</i>
Rickettsial	<i>Coxiella burnetii</i> (Q fever), <i>R. rickettsii</i> (Rocky Mountain spotted fever), <i>R. tsutsugamushi</i>
Viral	RNA viruses: Coxsackieviruses A and B, echoviruses, polioviruses, influenza A and B viruses, respiratory syncytial virus, mumps virus, measles virus, rubella virus, hepatitis C virus, dengue virus, yellow fever virus, Chikungunya virus, Junin virus, Lassa fever virus, rabies virus, human immunodeficiency virus-1 DNA viruses: adenoviruses, parvovirus B19, cytomegalovirus, human herpes virus-6, Epstein-Barr virus, varicella-zoster virus, herpes simplex virus, variola virus, vaccinia virus
2. Immune-mediated myocarditis	
Allergens	Tetanus toxoid, vaccines, serum sickness Drugs: penicillin, cefaclor, colchicine, furosemide, isoniazid, lidocaine, tetracycline, sulfonamides, phenytoin, phenylbutazone, methyl dopa, thiazide diuretics, amitriptyline
Alloantigens	Heart transplant rejection
Autoantigens	Infection-negative lymphocytic, infection-negative giant cell Associated with autoimmune or immune-oriented disorders: systemic lupus erythematosus, rheumatoid arthritis, Churg-Strauss syndrome, Kawasaki's disease, inflammatory bowel disease, scleroderma, polymyositis, myasthenia gravis, insulin-dependent diabetes mellitus, thyrotoxicosis, sarcoidosis, Wegener's granulomatosis, rheumatic heart disease (rheumatic fever)
3. Toxic myocarditis	
Drugs	Amphetamines, anthracyclines, cocaine, cyclophosphamide, ethanol, fluorouracil, lithium, catecholamines, hemetine, interleukin-2, trastuzumab, clozapine
Heavy metals	Copper, iron, lead (rare, more commonly cause intramyocyte accumulation)
Miscellaneous	Scorpion sting, snake, and spider bites, bee and wasp stings, carbon monoxide, inhalants, phosphorus, arsenic, sodium azide
Hormones	Phaeochromocytoma, vitamins: beri—beri
Physical agents	Radiation, electric shock

- Infectious (Viral)
- Immune-mediated (Autoimmune)
- Toxic





### Clinical Presentation

- Chest pain (up to 95% of cases);
- Dyspnea (up to 49% of cases);
- Other typical but non-specific symptoms (fatigue, palpitations, and syncope)





There are 3 more dramatic modes of presentation associated with acute myocarditis.

- Myocarditis may manifest as acute onset of **heart failure** in a previously healthy person.
- It may masquerade as an **acute coronary syndrome (ACS)**.
- **Arrhythmias** including ventricular tachycardia may be the leading symptom, sometimes manifesting as sudden cardiac death.



# MYOCARDITIS – NON INVASIVE TEST

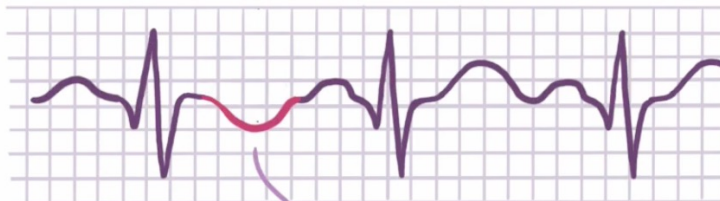


## BLOOD

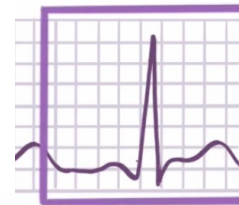


↑ TROPONIN  
↑ CREATINE KINASE

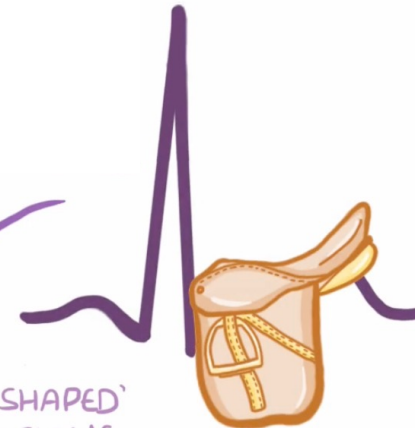
## ECG



\* T-WAVE INVERSION      \* SINUS TACHYCARDIA



\* 'SADDLE-SHAPED' ST-ELEVATIONS





- Localized wall motion abnormalities including areas of **hypokinesia, akinesia, and dyskinesia.**



These nonspecific changes cannot be used to clearly differentiate acute myocardial infarction from myocarditis.



## Diagnostic hypothesis

- Localized wall motion abnormalities including areas of hypokinesia, akinesia, and dyskinesia.



These nonspecific changes cannot be used to clearly differentiate acute myocardial infarction from myocarditis.

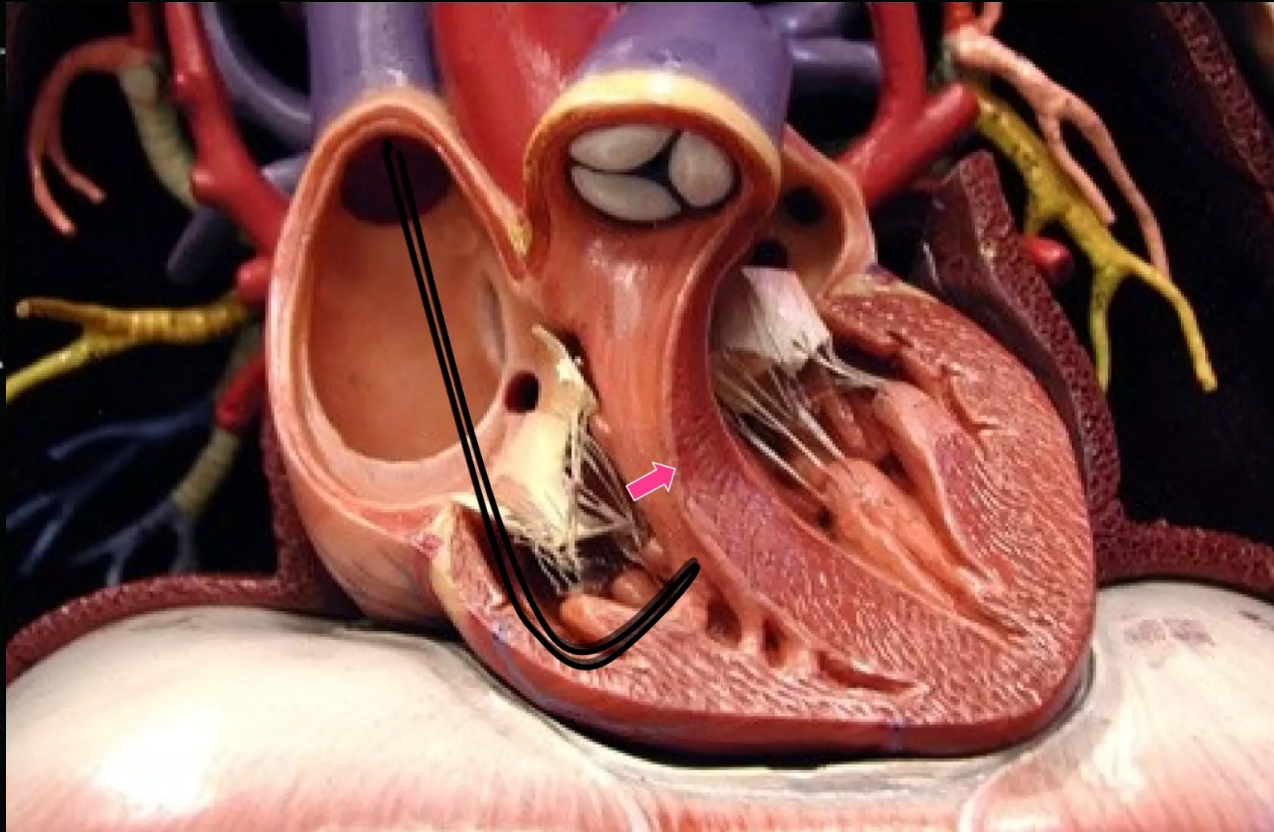


## Diagnosis

- Localized wall motion abnormalities including areas of hypokinesia, akinesia, and dyskinesia.



These nonspecific changes cannot be used to clearly differentiate acute myocardial infarction from myocarditis.

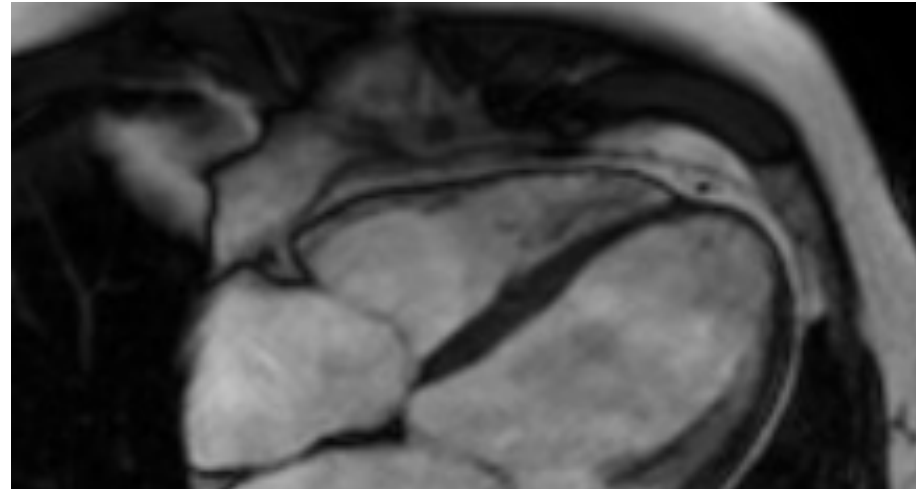


# ENDOMYOCARDIAL BIOPSY



SAPIENZA  
UNIVERSITÀ DI ROMA

## MYOCARDITIS - CMR



# CARDIAC MAGNETIC RESONANCE (CMR)

## ESC Guidelines

---

### **Table 33** Cardiac magnetic resonance in patients with suspected myocarditis<sup>955,956</sup>

#### **Indication**

Indicated at baseline, in all patients with clinical history + ECG, elevated troponin or echocardiographic abnormalities, and significant CAD excluded or unlikely.

Advised at follow-up in patients with persistent dysfunction at echocardiography, arrhythmias or ECG abnormalities.<sup>a</sup>

## MYOCARDITIS - CMR

### Recommendations for specialized diagnostic tests for selected patients with chronic heart failure to detect reversible/treatable causes of heart failure

Recommendations	Class <sup>a</sup>	Level <sup>b</sup>
<b>CMR</b>		
CMR is recommended for the assessment of myocardial structure and function in those with poor echocardiogram acoustic windows.	<b>I</b>	<b>C</b>
CMR is recommended for the characterization of myocardial tissue in suspected infiltrative disease, Fabry disease, inflammatory disease (myocarditis), LV non-compaction, amyloid, sarcoidosis, iron overload/haemochromatosis.	<b>I</b>	<b>C</b>
CMR with LGE should be considered in DCM to distinguish between ischaemic and non-ischaemic myocardial damage.	<b>Ila</b>	<b>C</b>

## WHEN ENDOMYOCARDIAL BIOPSY?

**Table 32** Endomyocardial biopsy in patients with suspected myocarditis

**Indication** (see also [section 4.3](#)).

Progressive or persistent severe cardiac dysfunction and/or life-threatening ventricular arrhythmias and/or Mobitz type 2 second-degree or higher AV block with lack of short-term (<1-2 weeks) expected response to usual medical treatment.

The aim is to identify aetiology and to indicate specific treatment (e.g. giant cell myocarditis, eosinophilic myocarditis, cardiac sarcoidosis, systemic inflammatory disorders).<sup>97,98,917,918,958</sup>

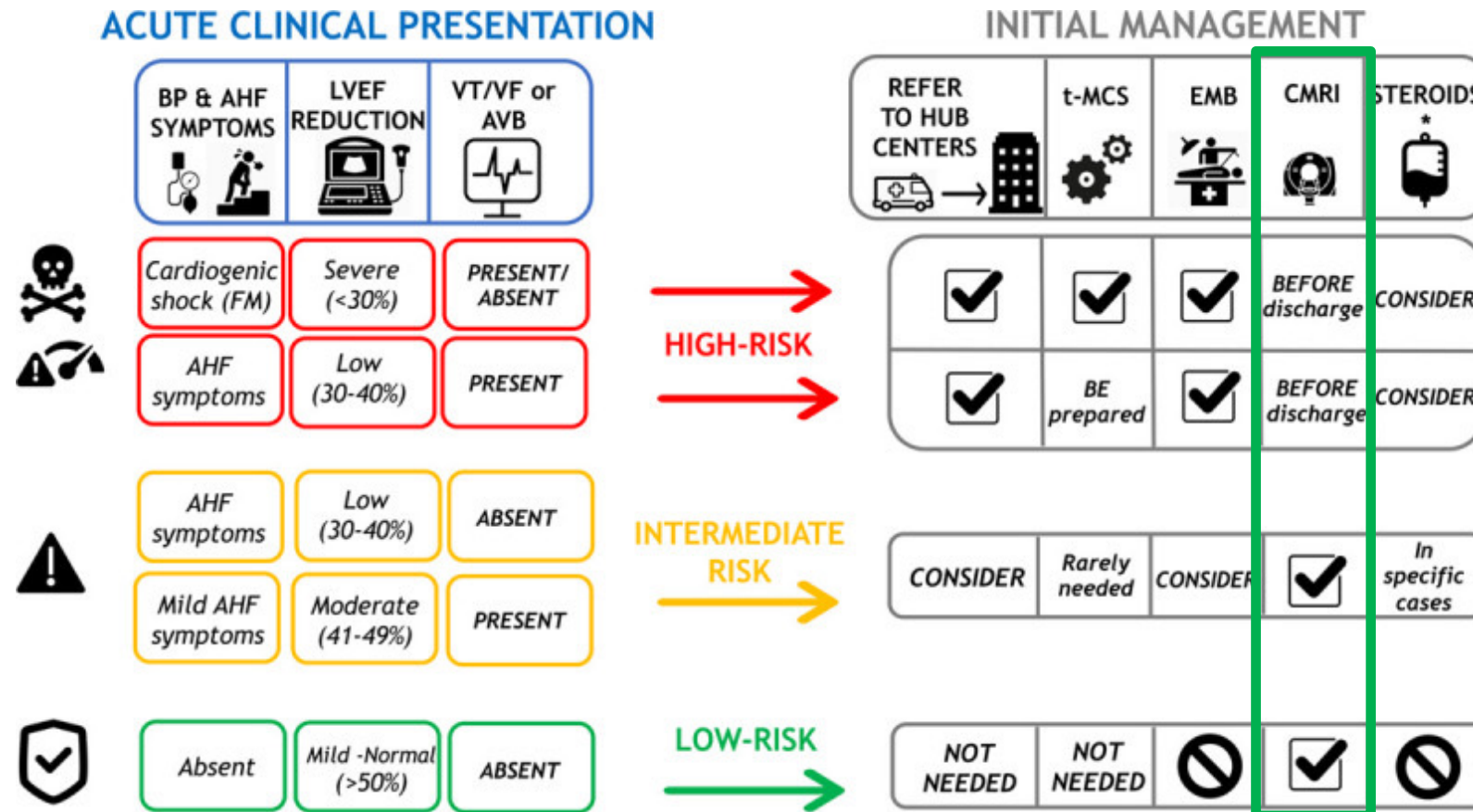
### EMB

EMB should be considered in patients with rapidly progressive HF despite standard therapy when there is a probability of a specific diagnosis, which can be confirmed only in myocardial samples.<sup>97,98</sup>

**IIa**

**C**

# MYOCARDITIS - CMR





2009

2024



Journal of the American College of Cardiology  
© 2009 by the American College of Cardiology Foundation  
Published by Elsevier Inc.

Vol. 53, No. 17, 2009  
ISSN 0735-1097/09/\$36.00  
doi:10.1016/j.jacc.2009.02.007

JACC White Paper

## Cardiovascular Magnetic Resonance in Myocarditis: A JACC White Paper

Matthias G. Friedrich, MD,\* Udo Sechtem, MD,‡ Jeanette Schulz-Menger, MD,§  
Godfred Holmvang, MD,|| Pauline Alakija, MD,† Leslie T. Cooper, MD,¶ James A. White, MD,#  
Hassan Abdel-Aty, MD,§ Matthias Gutberlet, MD,\*\* Sanjay Prasad, MD,††  
Anthony Aletras, PhD,‡‡ Jean-Pierre Laisny, MD,§§ Ian Paterson, MD,||  
Neil G. Filipchuk, MD,\* Andreas Kumar, MD,\* Matthias Pauschinger, MD,¶¶  
Peter Liu, MD,## for the International Consensus Group on Cardiovascular Magnetic Resonance  
in Myocarditis

### Lake-Louise Criteria



SAPIENZA  
UNIVERSITÀ DI ROMA

## MYOCARDITIS - CMR



Journal of the American College of Cardiology  
© 2009 by the American College of Cardiology Foundation  
Published by Elsevier Inc.

Vol. 53, No. 17, 2009  
ISSN 0735-1097/09/\$36.00  
doi:10.1016/j.jacc.2009.02.007

JACC White Paper

# Cardiovascular Magnetic Resonance in Myocarditis: A JACC White Paper

Matthias G. Friedrich, MD,\* Udo Sechtem, MD,‡ Jeanette Schulz-Menger, MD,§  
Godtfred Holmvang, MD,|| Pauline Alakija, MD,† Leslie T. Cooper, MD,¶ James A. White, MD,#  
Hassan Abdel-Aty, MD,§ Matthias Gutberlet, MD,\*\* Sanjay Prasad, MD,††  
Anthony Aletras, PhD,‡‡ Jean-Pierre Laissy, MD,§§ Ian Paterson, MD,|||  
Neil G. Filipchuk, MD,\* Andreas Kumar, MD,\* Matthias Pauschinger, MD,¶¶  
Peter Liu, MD,## for the *International Consensus Group on Cardiovascular Magnetic Resonance  
in Myocarditis*



**Table 1**

## Published Controlled Studies on Cardiovascular Magnetic Resonance in Myocarditis

	Validation	No. of Patients	No. of Control Patients
Friedrich et al., <i>Circulation</i> 1998 (9)	Clinical	19	18
Laissy et al., <i>Chest</i> 2002 (11)	Clinical	20	7
Rieker et al., <i>Rofo</i> 2002 (36)	Clinical	11	10
Laissy et al., <i>Radiology</i> 2005 (37)*	Clinical	24	31
Abdel-Aty et al., <i>J Am Coll Cardiol</i> 2005 (13)	Clinical	25	22
Mahrholdt et al., <i>Circulation</i> 2006 (40)	Histology	87	26
Gutberlet et al., <i>Radiology</i> 2008 (34)†	Histology	48	35
Yilmaz et al., <i>Heart</i> 2008 (43)†	Histology	55	30
<b>Total</b>		<b>289</b>	<b>179</b>

\*Compared with patients with acute myocardial infarction. †Compared with patients with clinical evidence but lack of immunohistologic evidence for chronic myocarditis.

**1998-2008**

**289 patients**

**Table 3**

## Overview of the Diagnostic Accuracy of Individual Tissue Criteria as Assessed in Controlled Trials

	Validation	Sensitivity (%)	Specificity (%)	Accuracy (%)	PPV (%)	NPV (%)
<b>Early myocardial gadolinium enhancement</b>						
Friedrich et al., <i>Circulation</i> 1998 (9)	Clinical	84	89	86	89	84
Laissy et al., <i>Chest</i> 2002 (11)	Clinical	85	100	89	100	70
Abdel-Aty et al., <i>J Am Coll Cardiol</i> 2005 (13)	Clinical	80	68	74	74	75
Gutberlet et al., <i>Radiology</i> 2008 (34)	Histology	63	86	72	86	63
Pooled data (n = 194)		74	83	78	86	70
<b>T2</b>						
Ricker et al., <i>Rofo</i> 2002 (36)	Clinical	100	50	76	69	100
Laissy et al., <i>Chest</i> 2002 (11)	Clinical	45	100	59	100	39
Abdel-Aty et al., <i>J Am Coll Cardiol</i> 2005 (13)	Clinical	84	74	79	78	81
Gutberlet et al., <i>Radiology</i> 2008 (34)	Histology	67	69	67	74	60
Pooled data (n = 178)		70	71	70	77	63
<b>Late enhancement</b>						
Ricker et al., <i>Rofo</i> 2002 (36)	Clinical	45	60	52	56	50
Abdel-Aty et al., <i>J Am Coll Cardiol</i> 2005 (18)	Clinical	44	100	71	78	62
Mahrholdt et al., <i>Circulation</i> 2006 (40)	Histology	95	96	96	99	81
Gutberlet et al., <i>Radiology</i> 2008 (34)	Histology	27	80	49	65	44
Yilmaz et al., <i>Heart</i> 2008 (43)	Histology	35	83	51	81	38
Pooled data (n = 336)		59	86	68	89	53

**Table 3**

## Overview of the Diagnostic Accuracy of Individual Tissue Criteria as Assessed in Controlled Trials

	Validation	Sensitivity (%)	Specificity (%)	Accuracy (%)	PPV (%)	NPV (%)
<b>Early myocardial gadolinium enhancement</b>						
Friedrich et al., <i>Circulation</i> 1998 (9)	Clinical	84	89	86	89	84
Laissy et al., <i>Chest</i> 2002 (11)	Clinical	85	100	89	100	70
Abdel-Aty et al., <i>J Am Coll Cardiol</i> 2005 (13)	Clinical	80	68	74	74	75
Gutberlet et al., <i>Radiology</i> 2008 (34)	Histology	63	86	72	86	63
Pooled data (n = 194)		74	83	78	86	70
<b>T2</b>						
Rieker et al., <i>Rofo</i> 2002 (36)	Clinical	100	50	76	69	100
Laissy et al., <i>Chest</i> 2002 (11)	Clinical	45	100	59	100	39
Abdel-Aty et al., <i>J Am Coll Cardiol</i> 2005 (13)	Clinical	84	74	79	78	81
Gutberlet et al., <i>Radiology</i> 2008 (34)	Histology	67	69	67	74	60
Pooled data (n = 178)		70	71	70	77	63
<b>Late enhancement</b>						
Rieker et al., <i>Rofo</i> 2002 (36)	Clinical	45	60	52	56	50
Abdel-Aty et al., <i>J Am Coll Cardiol</i> 2005 (18)	Clinical	44	100	71	78	62
Mahrholdt et al., <i>Circulation</i> 2006 (40)	Histology	95	96	96	99	81
Gutberlet et al., <i>Radiology</i> 2008 (34)	Histology	27	80	49	65	44
Yilmaz et al., <i>Heart</i> 2008 (43)	Histology	35	83	51	81	38
Pooled data (n = 336)		59	86	68	89	53



## T2 (before CM)

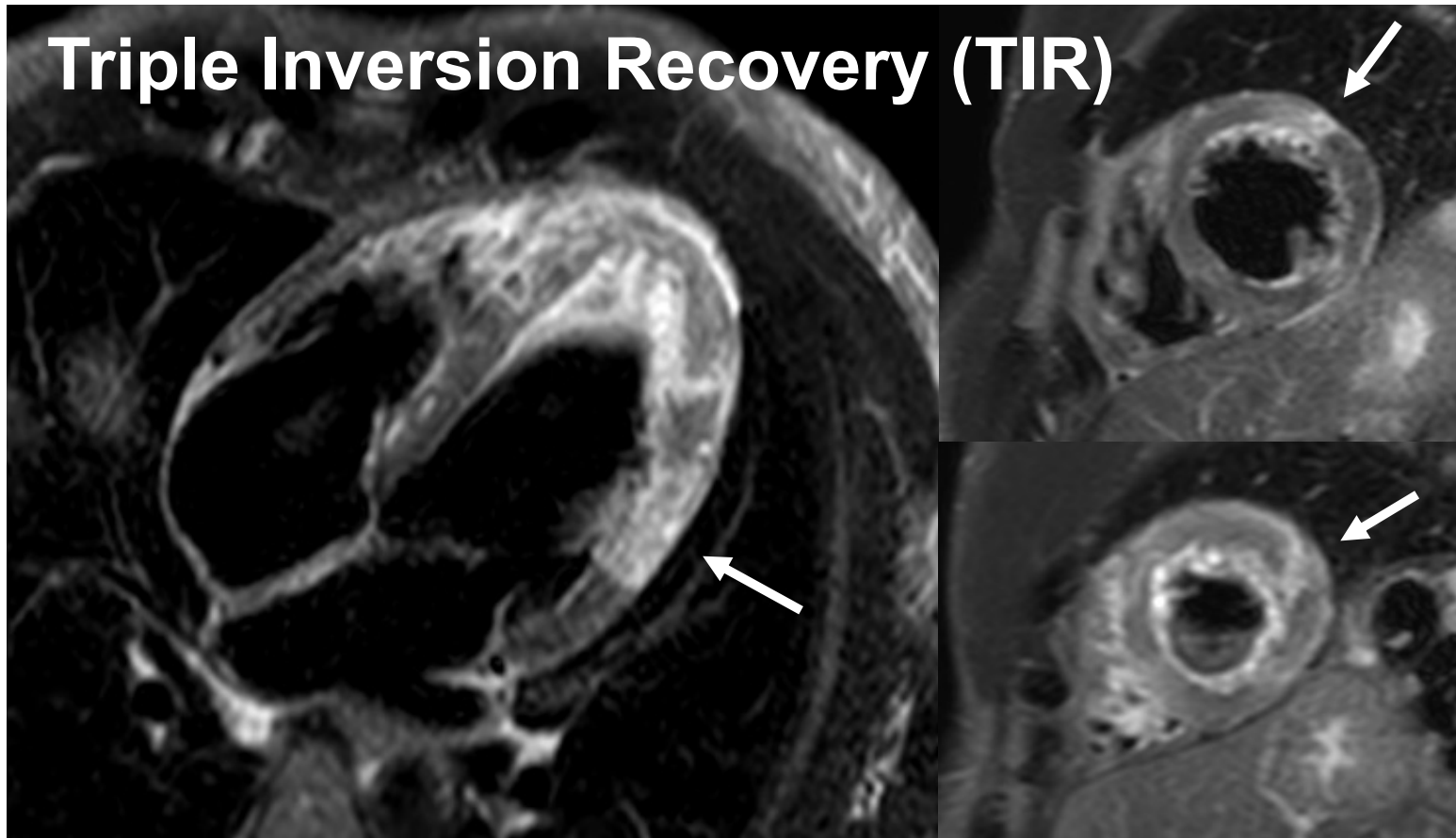
T2-weighted triple inversion recovery (TIR) pulse sequence showed a significantly higher global myocardial signal intensity

**Edema**



T2 (before CM)

## Triple Inversion Recovery (TIR)



*T2-W non cine sequences:*

- *Black Blood*
- *Black Fat*
- *Black Myocardium*  
*(soft tissue)*

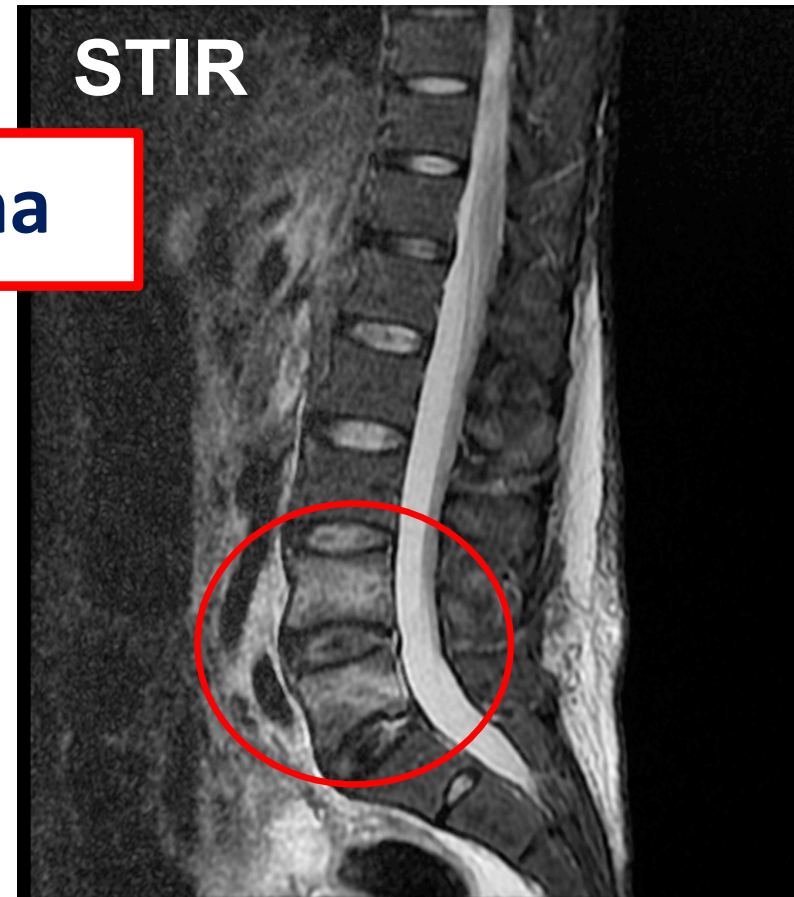


## MYOCARDITIS - CMR

T2 (before CM)



**Edema**



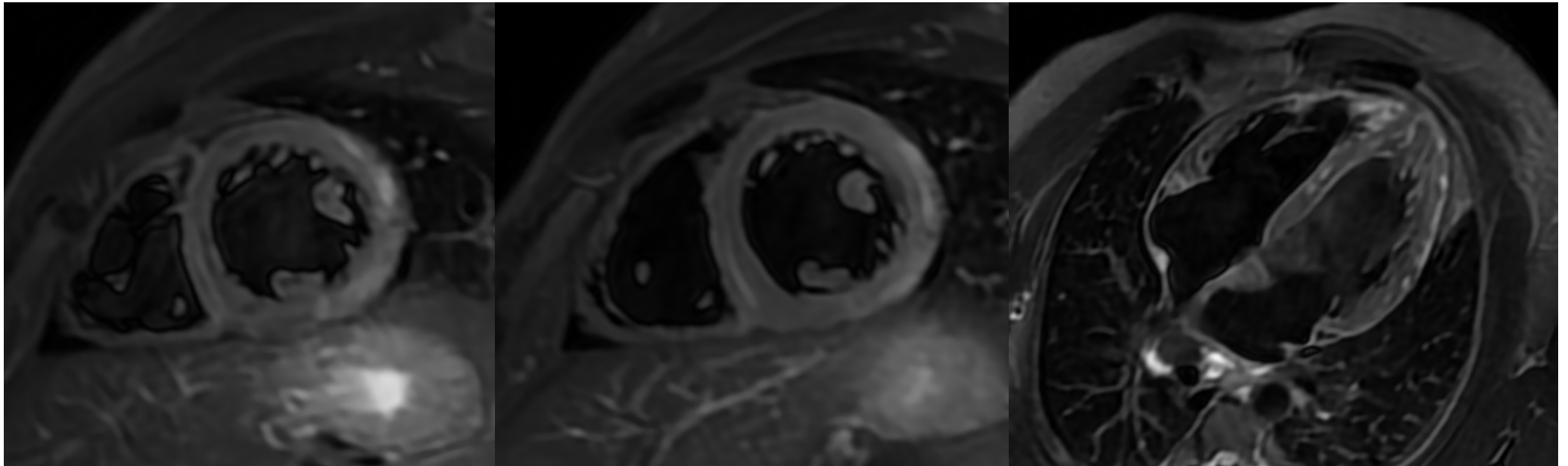


SAPIENZA  
UNIVERSITÀ DI ROMA

## MYOCARDITIS - CMR

SISTEMA SANITARIO REGIONALE  
AZIENDA OSPEDALIERO-UNIVERSITARIA  
SANT'ANDREA

T2 (before CM)



Lateral and infero-lateral subepicardial edema

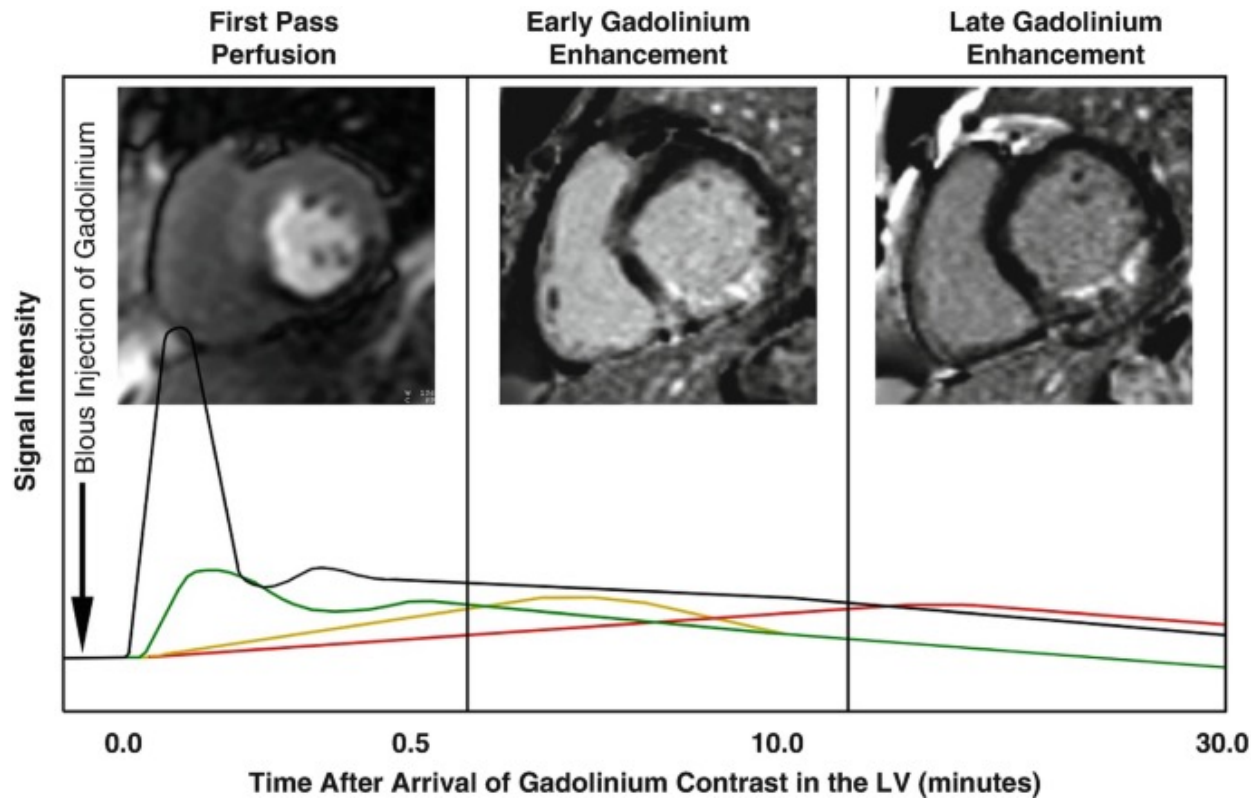
**Table 3**

## Overview of the Diagnostic Accuracy of Individual Tissue Criteria as Assessed in Controlled Trials

	Validation	Sensitivity (%)	Specificity (%)	Accuracy (%)	PPV (%)	NPV (%)
<b>Early myocardial gadolinium enhancement</b>						
Friedrich et al., <i>Circulation</i> 2008 (9)	Clinical	84	89	86	89	84
Laissy et al., <i>Chest</i> 2002 (11)	Clinical	85	100	89	100	70
Abdel-Aty et al., <i>J Am Coll Cardiol</i> 2005 (13)	Clinical	80	68	74	74	75
Gutberlet et al., <i>Radiology</i> 2008 (34)	Histology	63	86	72	86	63
Pooled data (n = 194)		74	83	78	86	70
<b>T2</b>						
Ricker et al., <i>Rofo</i> 2002 (36)	Clinical	100	50	76	69	100
Laissy et al., <i>Chest</i> 2002 (11)	Clinical	45	100	59	100	39
Abdel-Aty et al., <i>J Am Coll Cardiol</i> 2005 (13)	Clinical	84	74	79	78	81
Gutberlet et al., <i>Radiology</i> 2008 (34)	Histology	67	69	67	74	60
Pooled data (n = 178)		70	71	70	77	63
<b>Late enhancement</b>						
Ricker et al., <i>Rofo</i> 2002 (36)	Clinical	45	60	52	56	50
Abdel-Aty et al., <i>J Am Coll Cardiol</i> 2005 (18)	Clinical	44	100	71	78	62
Mahrholdt et al., <i>Circulation</i> 2006 (40)	Histology	95	96	96	99	81
Gutberlet et al., <i>Radiology</i> 2008 (34)	Histology	27	80	49	65	44
Yilmaz et al., <i>Heart</i> 2008 (43)	Histology	35	83	51	81	38
Pooled data (n = 336)		59	86	68	89	53



## Early Gadolinium Enhancement (EGE)



1 – 4 min after C.M.

Fixed TI



## Early Gadolinium Enhancement



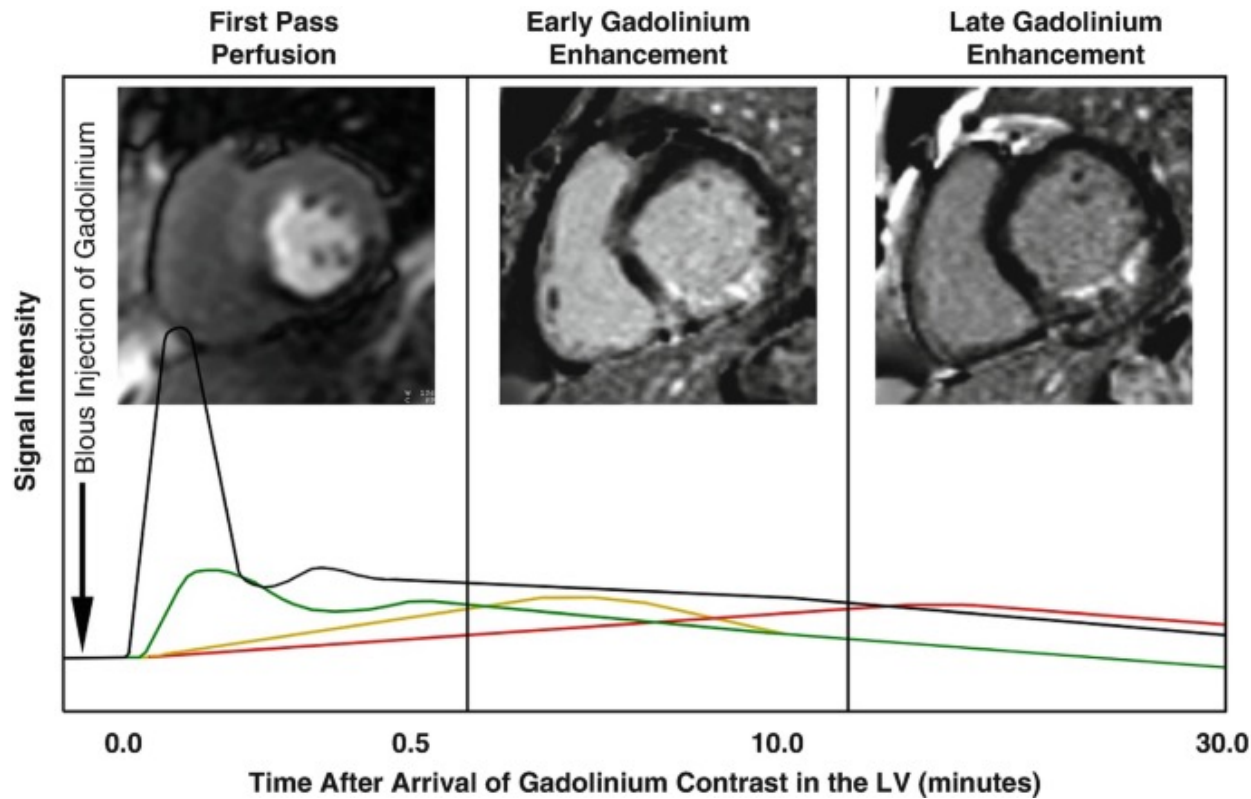
**Table 3**

## Overview of the Diagnostic Accuracy of Individual Tissue Criteria as Assessed in Controlled Trials

	Validation	Sensitivity (%)	Specificity (%)	Accuracy (%)	PPV (%)	NPV (%)
<b>Early myocardial gadolinium enhancement</b>						
Friedrich et al., <i>Circulation</i> 2008 (9)	Clinical	84	89	86	89	84
Laissy et al., <i>Chest</i> 2002 (11)	Clinical	85	100	89	100	70
Abdel-Aty et al., <i>J Am Coll Cardiol</i> 2005 (13)	Clinical	80	68	74	74	75
Gutberlet et al., <i>Radiology</i> 2008 (34)	Histology	63	86	72	86	63
Pooled data (n = 194)		74	83	78	86	70
<b>T2</b>						
Ricker et al., <i>Rofo</i> 2002 (36)	Clinical	100	50	76	69	100
Laissy et al., <i>Chest</i> 2002 (11)	Clinical	45	100	59	100	39
Abdel-Aty et al., <i>J Am Coll Cardiol</i> 2005 (13)	Clinical	84	74	79	78	81
Gutberlet et al., <i>Radiology</i> 2008 (34)	Histology	67	69	67	74	60
Pooled data (n = 178)		70	71	70	77	63
<b>Late enhancement</b>						
Ricker et al., <i>Rofo</i> 2002 (36)	Clinical	45	60	52	56	50
Abdel-Aty et al., <i>J Am Coll Cardiol</i> 2005 (18)	Clinical	44	100	71	78	62
Mahrholdt et al., <i>Circulation</i> 2006 (40)	Histology	95	96	96	99	81
Gutberlet et al., <i>Radiology</i> 2008 (34)	Histology	27	80	49	65	44
Yilmaz et al., <i>Heart</i> 2008 (43)	Histology	35	83	51	81	38
Pooled data (n = 336)		59	86	68	89	53



## Late Gadolinium Enhancement

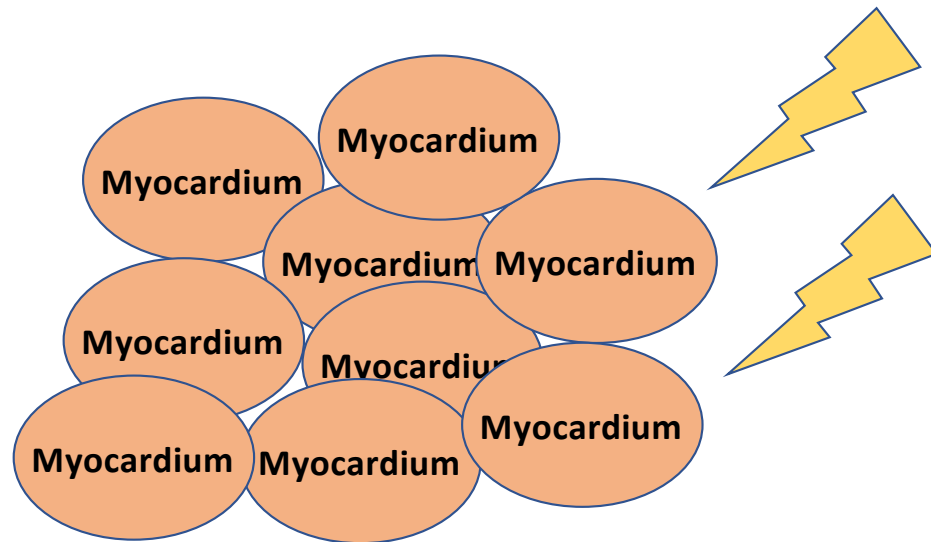


**>10 min after C.M.**

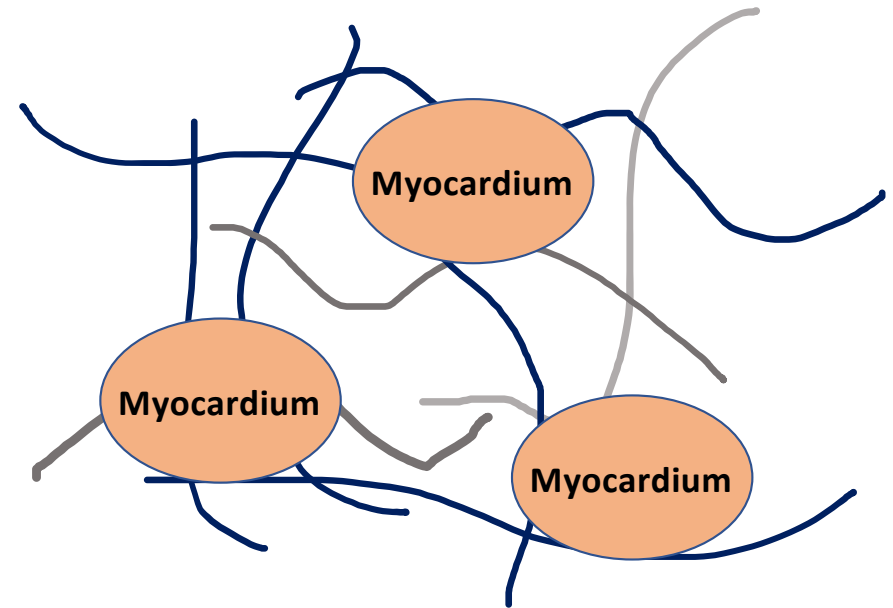
**Identification optimal TI  
for LGE (TI-SCOUT)**



## Late Gadolinium Enhancement



Healthy Myocardium

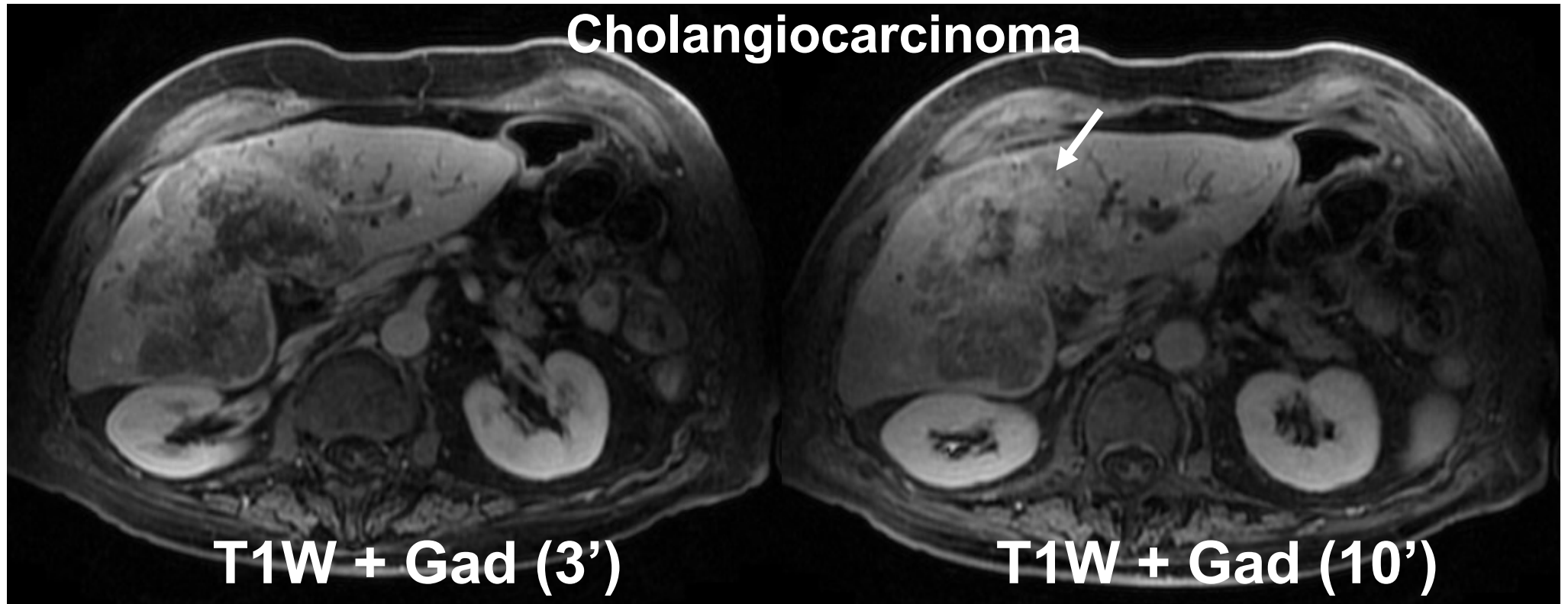


Fibrosis/Edema



Late Gadolinium Enhancement

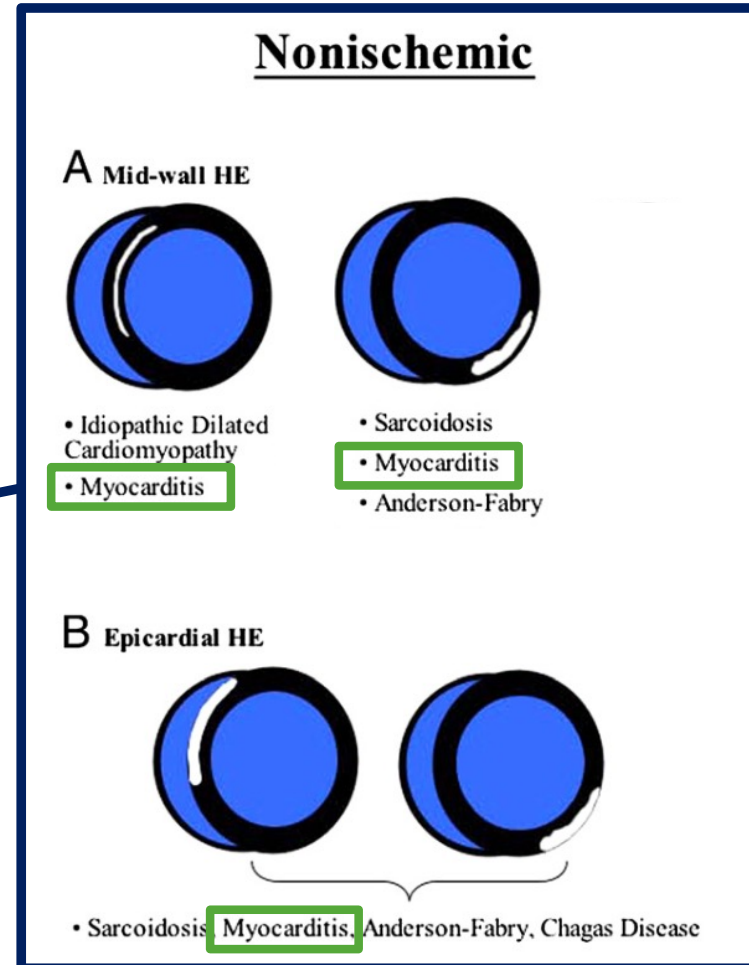
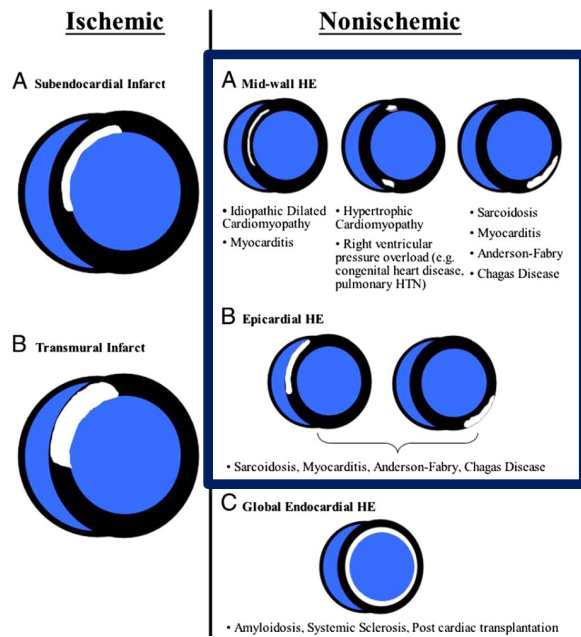
**Cholangiocarcinoma**





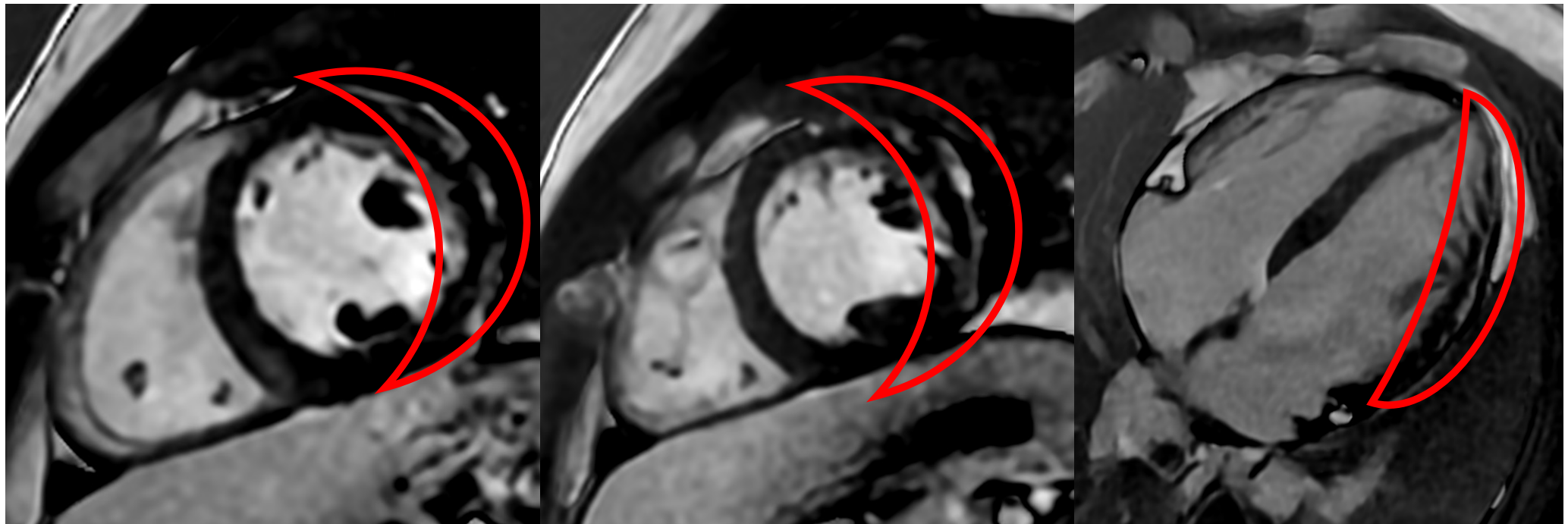
# MYOCARDITIS - CMR

## Late Gadolinium Enhancement





## Late Gadolinium Enhancement



Lateral and infero-lateral subepicardial LGE



**Table 4**

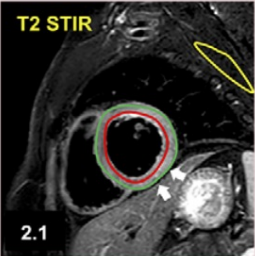
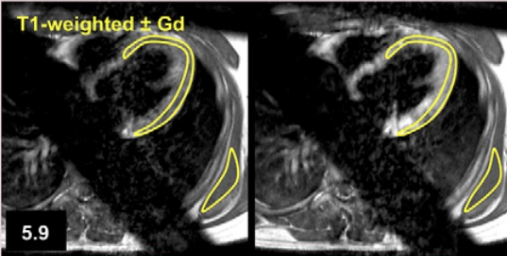
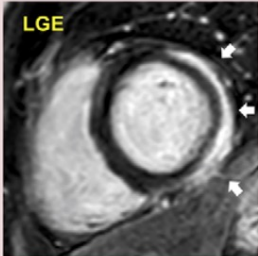
## Overview of the Diagnostic Accuracy of Several Combinations of Tissue Criteria

	Validation	Sensitivity (%)	Specificity (%)	Accuracy (%)	PPV (%)	NPV (%)
<b>T2 + LGE</b>						
Abdel-Aty et al., <i>J Am Coll Cardiol</i> 2005 (13)	Clinical	40	100	69	100	61
Gutberlet et al., <i>Radiology</i> 2008 (34)	Histology	17	91	48	73	44
Pooled data (n = 130)		25	95	56	86	50
<b>T2 and/or LGE</b>						
Abdel-Aty et al., <i>J Am Coll Cardiol</i> 2005 (13)	Clinical	88	74	81	100	85
Gutberlet et al., <i>Radiology</i> 2008 (34)	Histology	50	57	52	80	25
Pooled data (n = 130)		60	66	62	79	43
<b>Any 1 of 3</b>						
Abdel-Aty et al., <i>J Am Coll Cardiol</i> 2005 (13)	Clinical	100	48	75	68	100
Gutberlet et al., <i>Radiology</i> 2008 (42)	Histology	81	49	67	68	65
Pooled data (n = 130)		88	48	70	68	76
<b>Any 2 of 3</b>						
Abdel-Aty et al., <i>J Am Coll Cardiol</i> 2005 (13)	Clinical	76	96	85	95	79
Gutberlet et al., <i>Radiology</i> 2008 (34)	Histology	63	89	73	88	63
Pooled data (n = 130)		67	91	78	91	69



# MYOCARDITIS - CMR

**Original Lake Louise criteria**

T2-weighted	Early gadolinium enhancement	LGE
		
Regional high T2 SI or high T2 SI ratio	Increased early gadolinium enhancement ratio	Positive nonischemic LGE

**(any 2 out of 3)**

## Lake-Louise Criteria 2009



## Revised Lake-Louise Criteria

JOURNAL OF THE AMERICAN COLLEGE OF CARDIOLOGY  
© 2018 PUBLISHED BY ELSEVIER ON BEHALF OF THE  
AMERICAN COLLEGE OF CARDIOLOGY FOUNDATION

THE PRESENT AND FUTURE

JACC STATE-OF-THE-ART REVIEW

### Cardiovascular Magnetic Resonance in Nonischemic Myocardial Inflammation

Expert Recommendations



Vanessa M. Ferreira, MD, DPhM,<sup>a</sup> Jeanette Schulz-Menger, MD,<sup>b</sup> Godtfred Holmvang, MD,<sup>c</sup>  
Christopher M. Kramer, MD,<sup>d</sup> Iacopo Carbone, MD,<sup>e</sup> Udo Sechtem, MD,<sup>f</sup> Ingrid Kindermann, MD,<sup>g</sup>  
Matthias Gutberlet, MD,<sup>h</sup> Leslie T. Cooper, MD,<sup>i</sup> Peter Liu, MD,<sup>j</sup> Matthias G. Friedrich, MD<sup>k,lm</sup>

2009

2024



Journal of the American College of Cardiology  
© 2009 by the American College of Cardiology Foundation  
Published by Elsevier Inc.

Vol. 53, No. 17, 2009  
ISSN 0735-1097/09/\$36.00  
doi:10.1016/j.jacc.2009.02.007

JACC White Paper

### Cardiovascular Magnetic Resonance in Myocarditis: A JACC White Paper

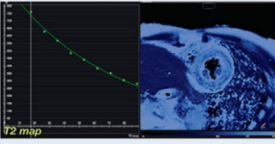
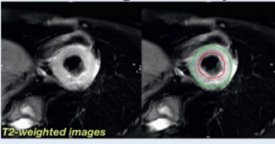
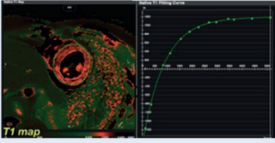
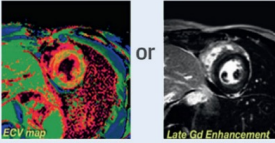
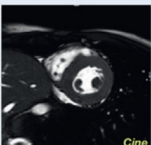
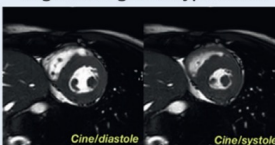
Matthias G. Friedrich, MD,<sup>a</sup> Udo Sechtem, MD,<sup>b</sup> Jeanette Schulz-Menger, MD,<sup>c</sup>  
Godtfred Holmvang, MD,<sup>d</sup> Pauline Athakji, MD,<sup>e</sup> Leslie T. Cooper, MD,<sup>f</sup> James A. White, MD,<sup>g</sup>  
Hassan Abdel-Aty, MD,<sup>h</sup> Matthias Gutberlet, MD,<sup>i</sup> Sanjay Prasad, MD,<sup>††</sup>  
Anthony Aletras, PhD,<sup>‡‡</sup> Jean-Pierre Lassy, MD,<sup>§§</sup> Ian Paterson, MD,<sup>||</sup>  
Neil G. Filipchuk, MD,<sup>\*</sup> Andreas Kumar, MD,<sup>\*</sup> Matthias Pauschinger, MD,<sup>¶¶</sup>  
Peter Liu, MD,<sup>##</sup> for the International Consensus Group on Cardiovascular Magnetic Resonance  
in Myocarditis

## Lake-Louise Criteria



# MYOCARDITIS - CMR

## CENTRAL ILLUSTRATION Overview of the Updated Lake Louise Criteria

	2018 Lake Louise Criteria	CMR Image Examples
Main Criteria	Myocardial Edema (T2-mapping or T2W images)	<p>Regional or global increase of native T2</p>  <p>OR</p> 
	Non-ischemic Myocardial Injury (Abnormal T1, ECV, or LGE)	<p>Regional or global increase of native T1</p>  <p>OR</p> 
Supportive Criteria	Pericarditis (Effusion in cine images or abnormal LGE, T2, or T1)	<p>Pericardial effusion</p> 
	Systolic LV Dysfunction (Regional or global wall motion abnormality)	<p>Regional or global hypokinesis</p> 

Ferreira, V.M. et al. *J Am Coll Cardiol.* 2018;72(24):3158-76.

ECV = extracellular volume; LGE = late gadolinium enhancement; T2W = T2-weighted.



# MYOCARDITIS - CMR

**TABLE 3 Updated Recommendations of CMR Criteria of Myocardial Inflammation**

Original Lake Louise Criteria I (Any 2 Out of 3)	Updated Lake Louise Criteria II (2 Out of 2)	Diagnostic Targets
<b>Main criteria</b> T2-weighted imaging Regional* high T2 SI <i>or</i> Global T2 SI ratio $\geq 2.0$ † in T2W CMR images  Early gadolinium enhancement SI ratio myocardium/skeletal muscle (EGE ratio) of $\geq 4.0$ † in EGE images Late gadolinium enhancement Areas with high SI in a nonischemic distribution pattern in LGE images	T2-based imaging Regional* high T2 SI <i>or</i> Global T2 SI ratio $\geq 2.0$ † in T2W CMR images <i>or</i> Regional or global increase of myocardial T2 relaxation time† T1-based imaging Regional or global increase of native myocardial T1 relaxation time or ECV†† <i>or</i> Areas with high SI in a nonischemic distribution pattern in LGE images	Myocardial edema  † T1 - edema (intra or extra-cellular), hyperemia/capillary leak, necrosis, fibrosis EGE - hyperemia, capillary leak LGE - necrosis, fibrosis, (extracellular acute edema) † ECV - edema (extracellular), hyperemia/capillary leak, necrosis, fibrosis
<b>Supportive criteria</b> Pericardial effusion in cine CMR images  Systolic LV wall motion abnormality in cine CMR images	Pericardial effusion in cine CMR images <i>or</i> High signal intensity of the pericardium in LGE images, T1-mapping or T2-mapping <i>or</i> T1 mapping or T2 mapping Systolic LV wall motion abnormality in cine CMR images	Pericardial inflammation  LV dysfunction
**"Regional" refers to an area of at least 10 contiguous pixels. †Published or local normal values, LV coverage and proper analysis tools must be acknowledged. ‡T1 mapping is highly sensitive to detecting both acute and chronic forms of increased free water content within the myocardium, and thus, the Consensus Group recommends treating it as an alternative criterion to EGE. If paired with LGE to diagnose myocarditis, the areas of T1 abnormality should be beyond that detected by LGE imaging. † = increased; ECV = extracellular volume; other abbreviations as in <a href="#">Tables 1 and 2</a> .		

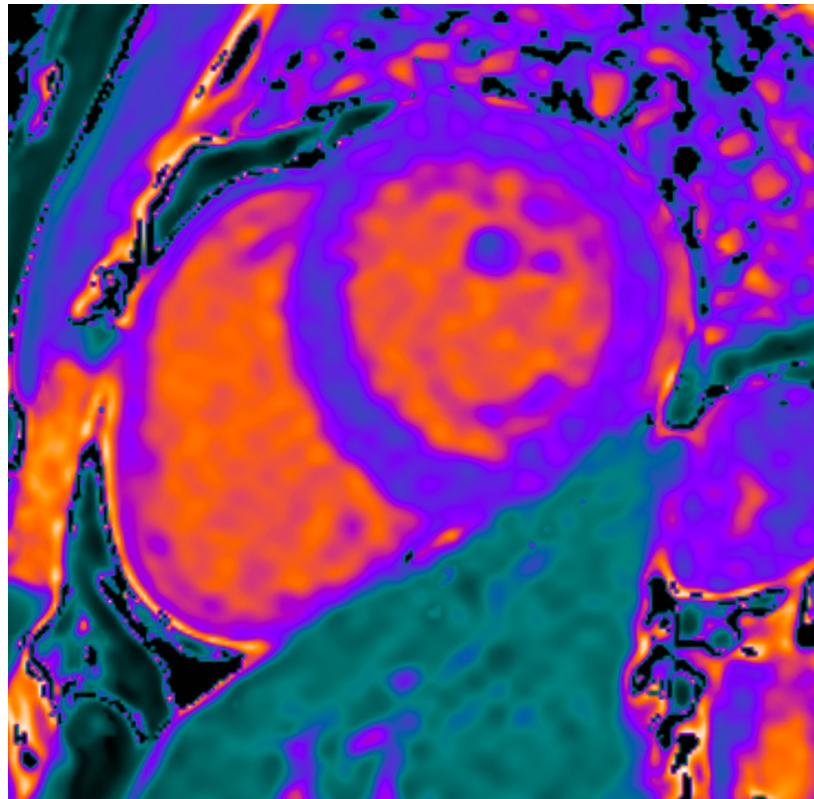


Updated Lake Louise Criteria II (2 Out of 2)
T2-based imaging
Regional* high T2 SI
or
Global T2 SI ratio $\geq 2.0$ † in T2W CMR images
or
Regional or global increase of myocardial T2 relaxation time†
T1-based imaging
Regional or global increase of native myocardial T1 relaxation time or ECV††
or
Areas with high SI in a nonischemic distribution pattern in LGE images

## CMR parametric mapping



## Native T1 Mapping



		T1 (native)	ECV	T2	T2*
Infiltration	Iron	+	?	+	++
	Amyloid	++	++	?	-
	Anderson-Fabry	++	-	+	-
Acute myocardial injury	Edema	++	+	++	?
	Necrosis	++	++	+	++
	Hemorrhage	+	?	+	++
Fibrosis	Diffuse/global*	+	++	?	-
	Focal/regional*	+	++	-	-

Increased Native T1	Decreased Native T1
Edema	↑ Lipid
↑ Interstitial space	↑ Iron

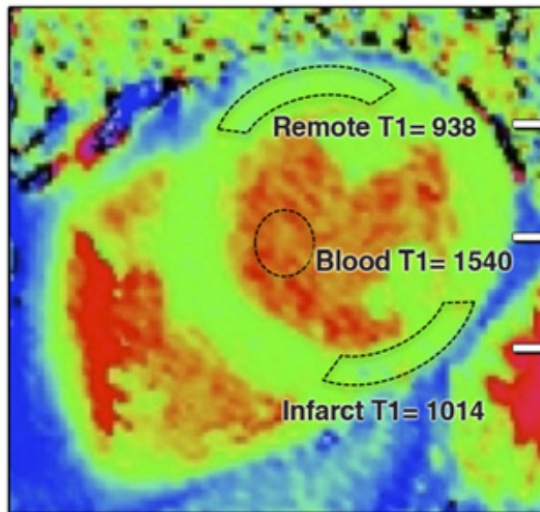
Haaf P et al. J Cardiovasc Magn Reson. 2016 Nov 30;18(1):89. doi: 10.1186/s12968-016-0308-4

Kramer CM et al. J Cardiovasc Magn Reson. 2020 Feb 24;22(1):17. doi: 10.1186/s12968-020-00607-1

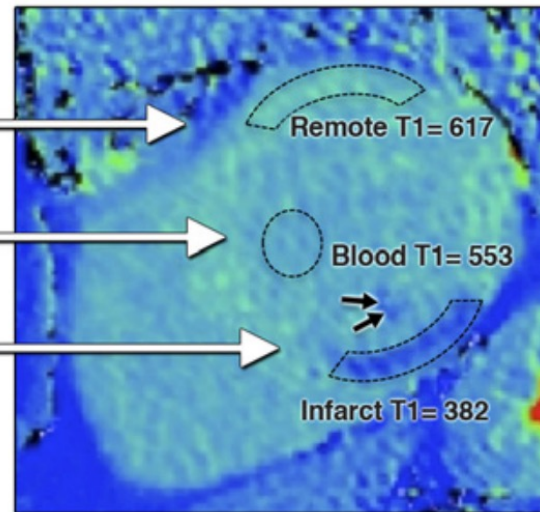


## ECV

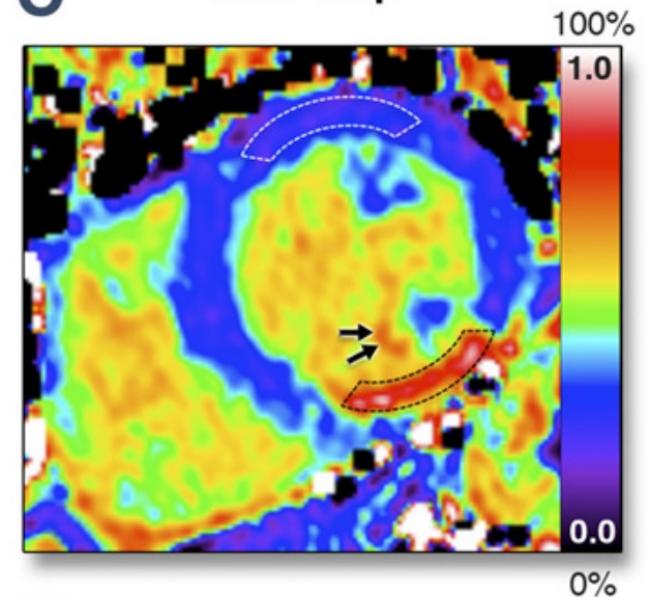
**A** Pre-contrast T1 Map



**B** Post-contrast T1 Map



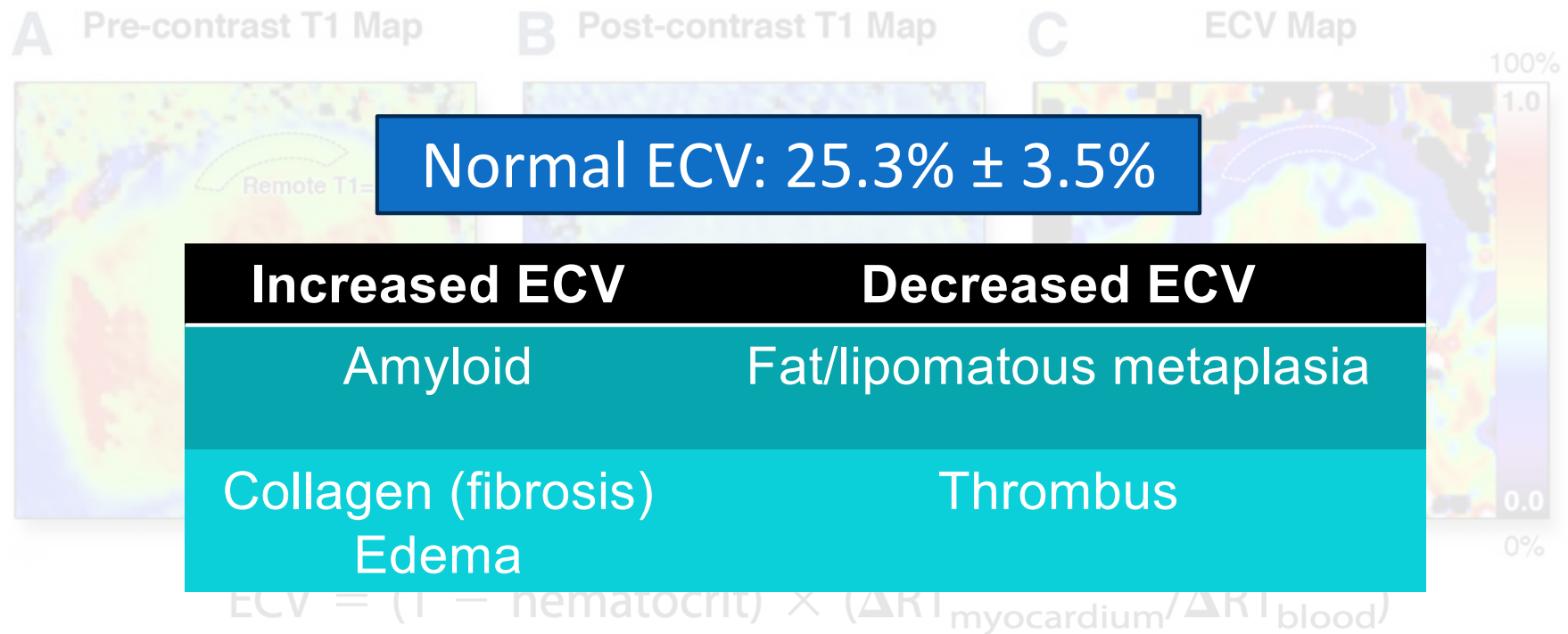
**C** ECV Map



$$ECV = (1 - \text{hematocrit}) \times (\Delta R1_{\text{myocardium}} / \Delta R1_{\text{blood}})$$

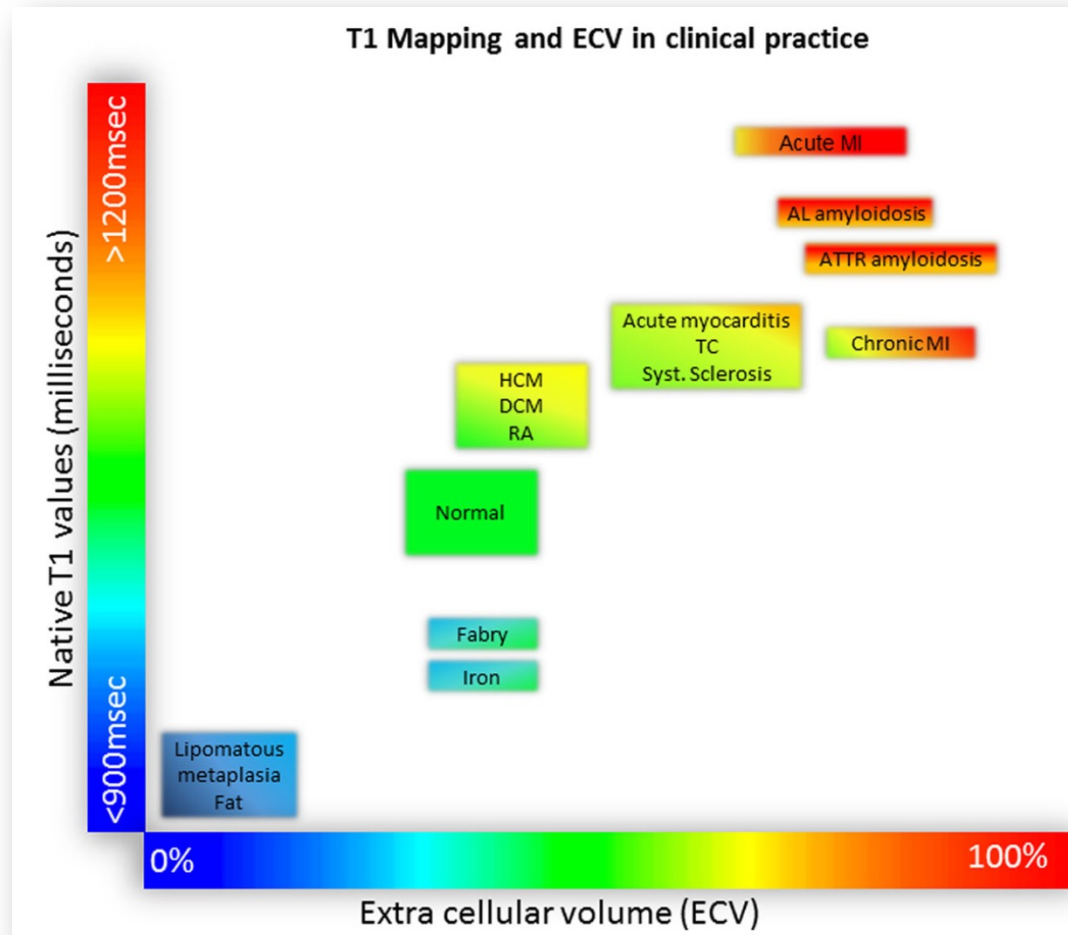


## ECV



White, Steven K et al. "T1 mapping for myocardial extracellular volume measurement by CMR: bolus only versus primed infusion technique." JACC. Cardiovascular imaging vol. 6,9 (2013): 955-62. doi:10.1016/j.jcmg.2013.01.011

# MYOCARDITIS - CMR

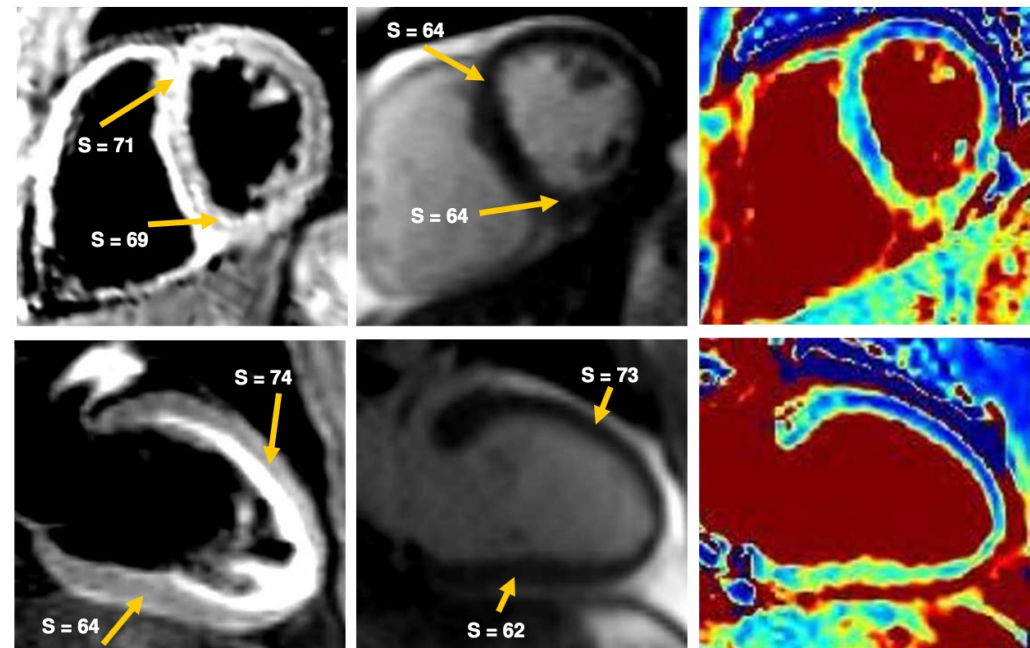


## T2 Mapping

- T2-prepared single-shot bSSFP sequences acquired with different T2 prep time, gradient and spin echo (GraSE) or FSE-based pulse sequences.

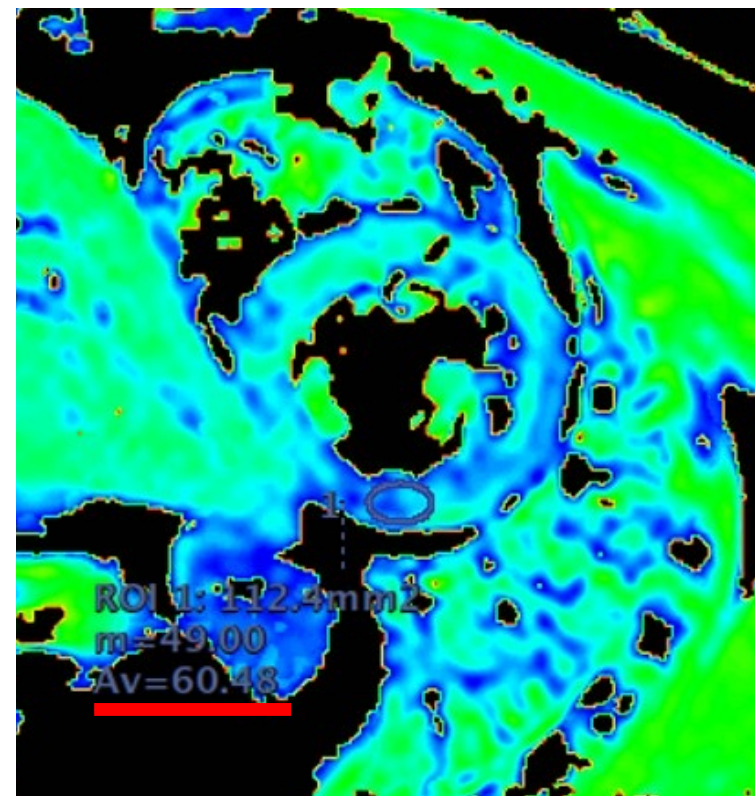
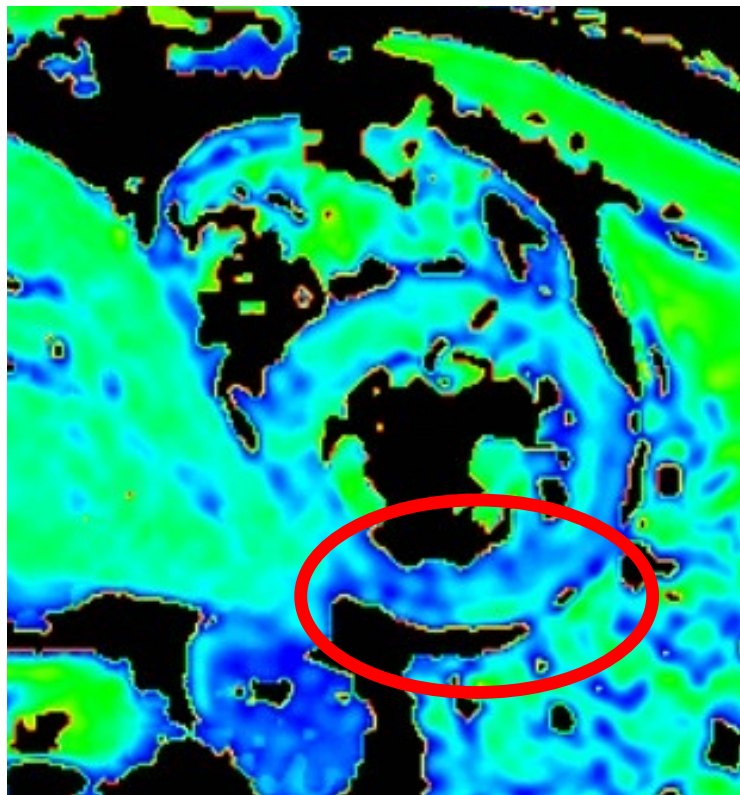
Normal T2:  $49.3\% \pm 4.5\%$

Edema = Increased T2



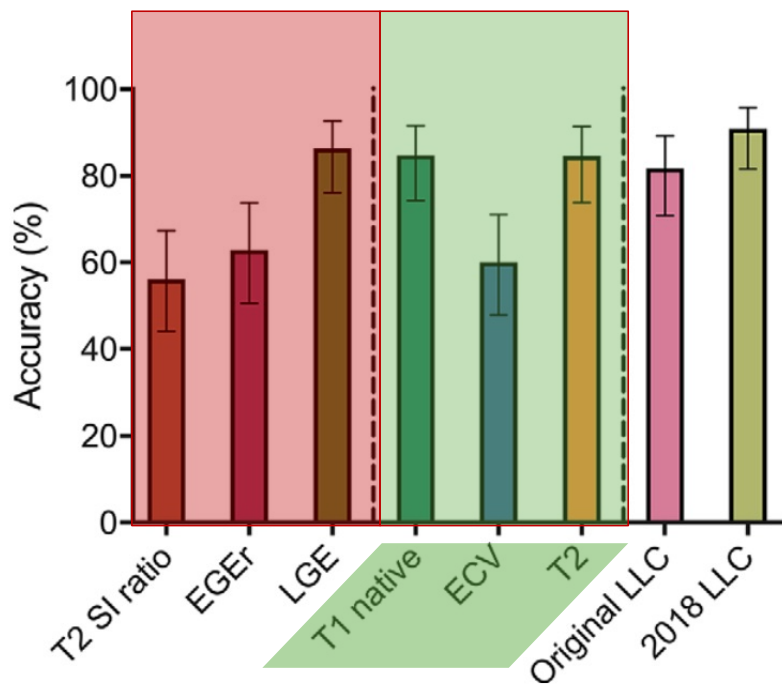


## T2 Mapping

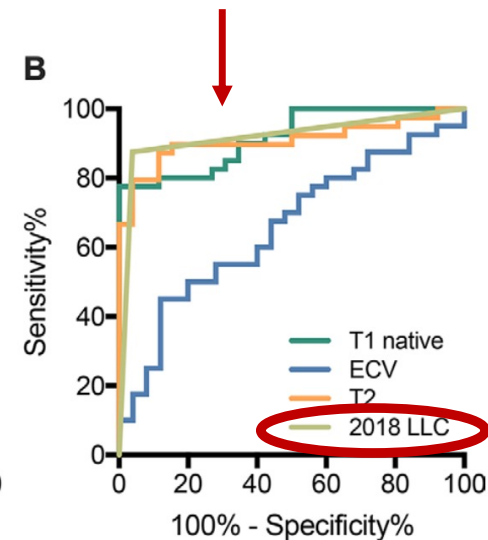
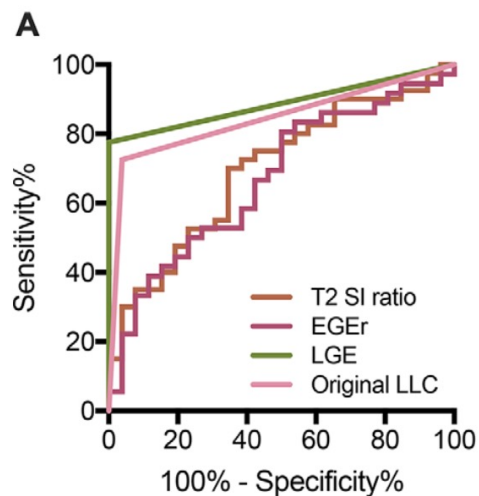




# MYOCARDITIS - CMR



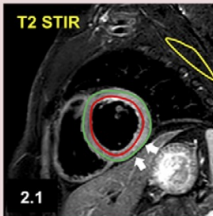
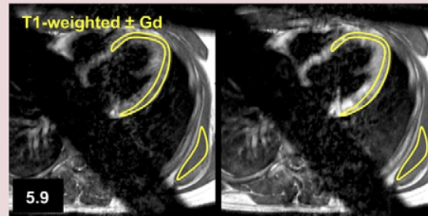
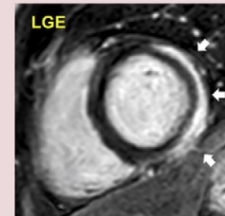
## PARAMETRIC IMAGING





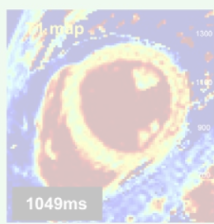
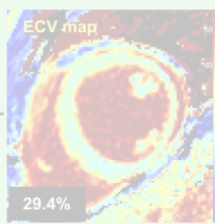
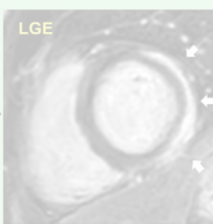
# MYOCARDITIS - CMR

**Original Lake Louise criteria**

<p>T2-weighted</p>  <p>Regional high T2 SI or high T2 SI ratio</p>	<p>Early gadolinium enhancement</p>  <p>Increased early gadolinium enhancement ratio</p>	<p>LGE</p>  <p>Positive nonischemic LGE</p>
<b>(any 2 out of 3)</b>		

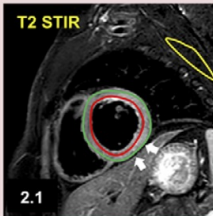
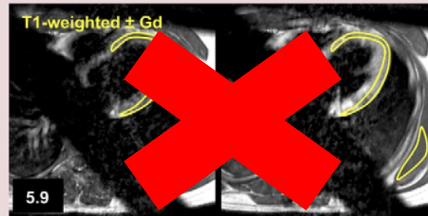
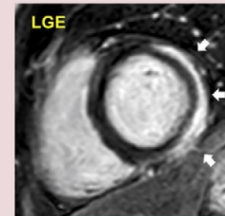
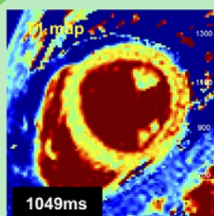
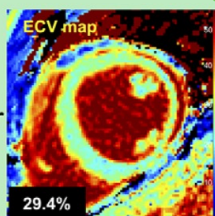
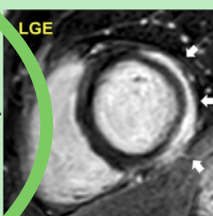
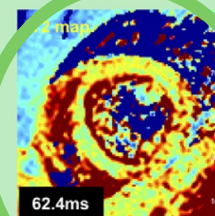
  

**2018 Lake Louise criteria**

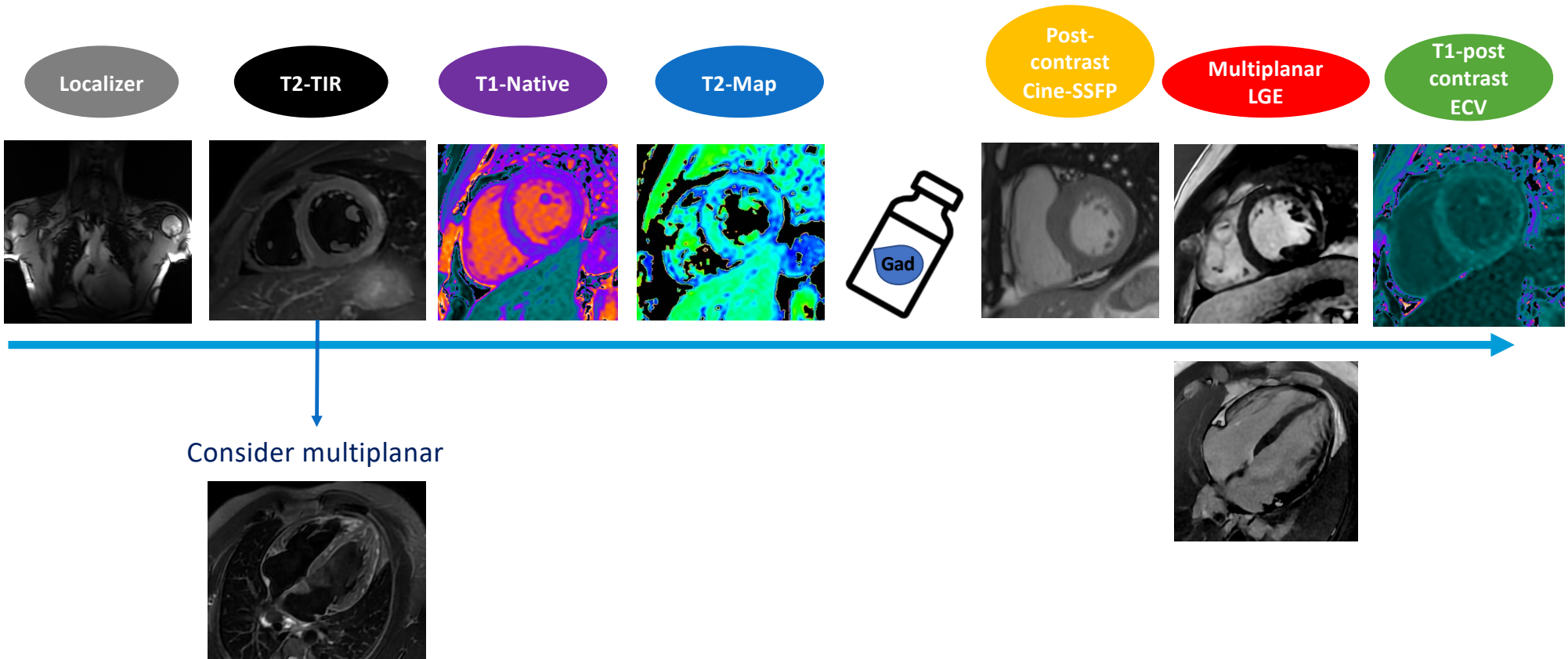
T1-based imaging			T2-based imaging	
 <p>Increase of native T1</p>	or	 <p>Increase of ECV</p>	or	 <p>Positive nonischemic LGE</p>
<b>(2 out of 2)</b>				



# MYOCARDITIS - CMR

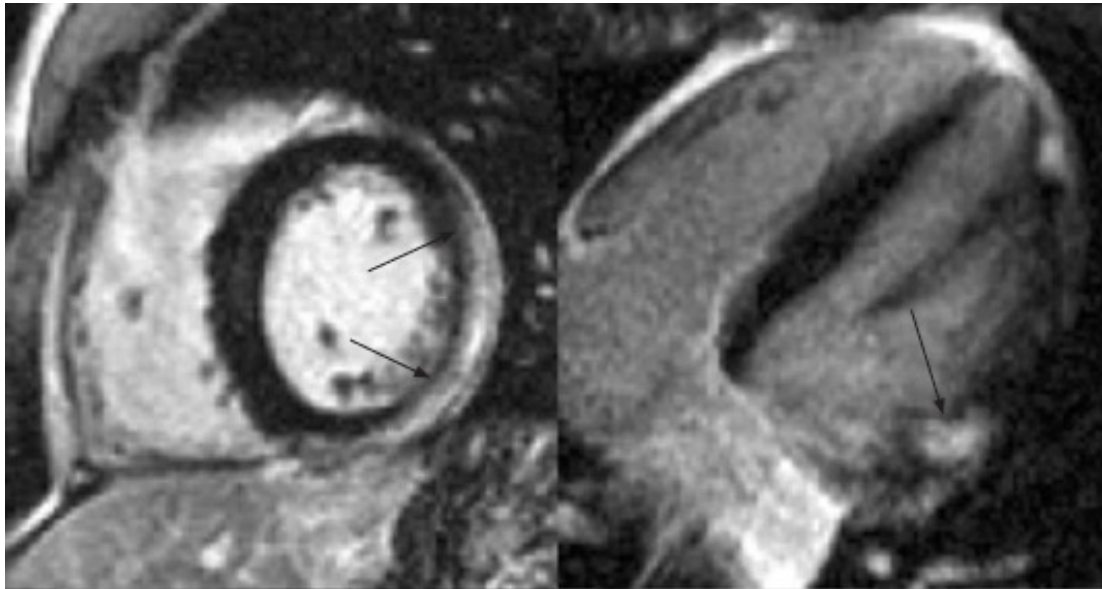
<b>Original Lake Louise criteria</b>	T2-weighted	Early gadolinium enhancement	LGE	
	 <p>Regional high T2 SI or high T2 SI ratio</p>	 <p>Increased early gadolinium enhancement ratio</p>	 <p>Positive nonischemic LGE</p>	
<b>(any 2 out of 3)</b>				
<b>2018 Lake Louise criteria</b>	T1-based imaging		T2-based imaging	
	 <p>Increase of native T1</p>	 <p>Increase of ECV</p>	 <p>Positive nonischemic LGE</p>	 <p>Increase of T2</p>
<b>(2 out of 2)</b>				

## CMR - PROTOCOL





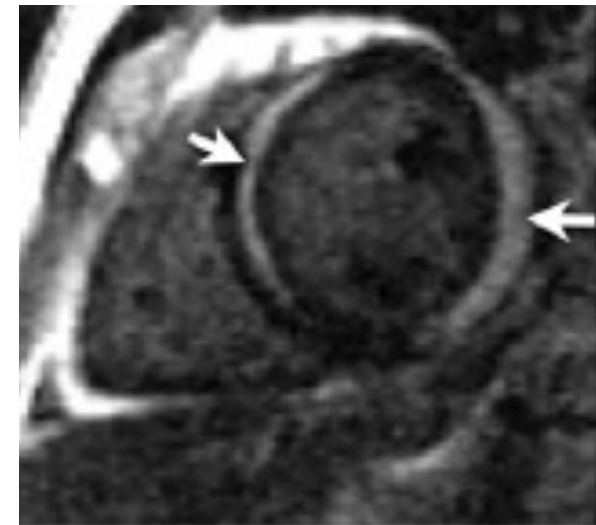
## Specific pattern – Parvovirus B19



**Parvovirus B19** associated myocarditis often shows LGE of the epicardial portions of the free lateral wall of the LV

## Specific pattern - HSV

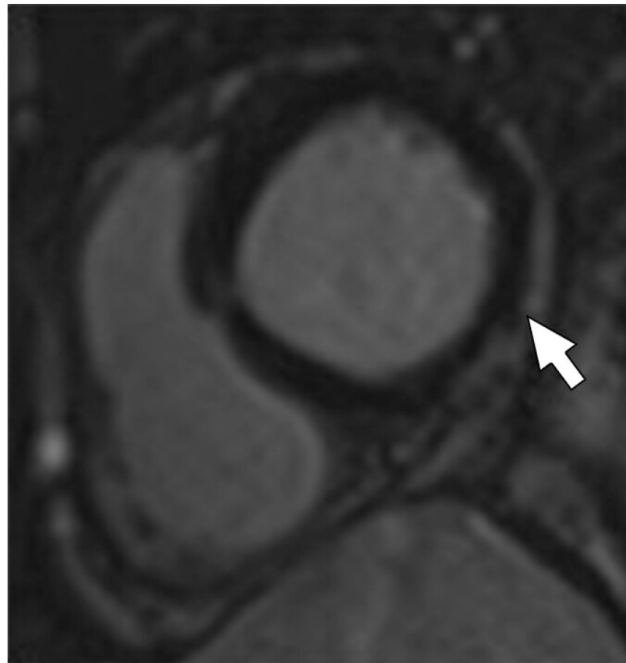
In contrast, the peculiar pattern of a sandwiched stripe of late enhancement within the interventricular septum is more frequently found in **herpes virus**.



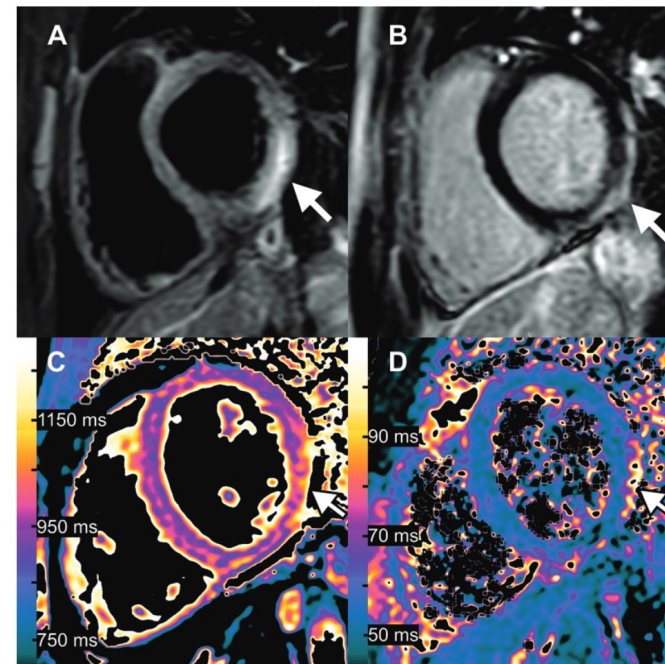


## Specific pattern – SarS-CoV2/Vaccine

SarS-CoV2 infection

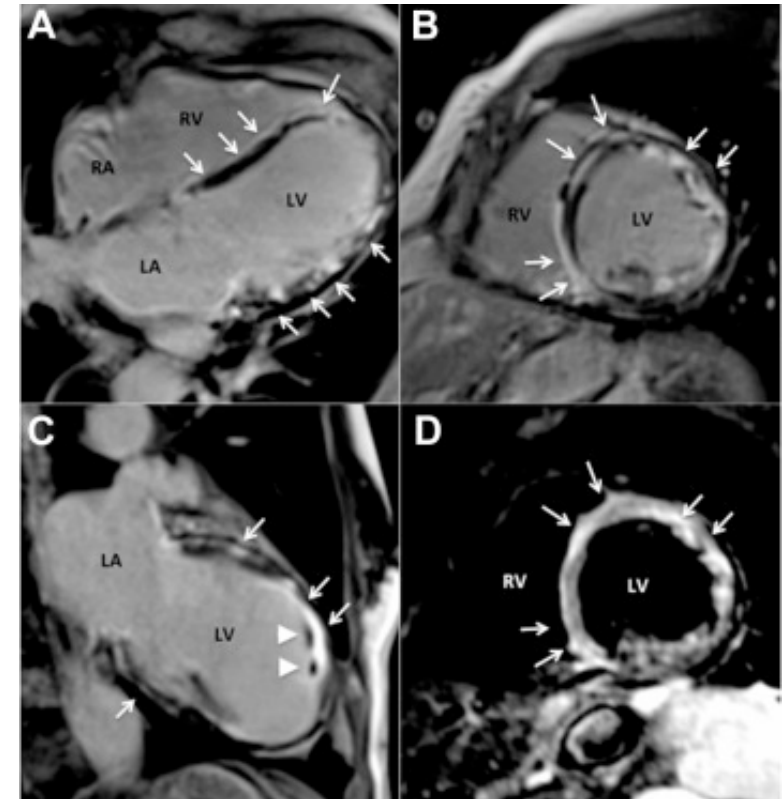


SarS-CoV2 vaccine



## Specific pattern - Immune Check-point Inhibitor

- Myocarditis is an uncommon but potentially fatal complication of **IMMUNE CHECK-POINT INHIBITOR (ICI)** therapy.
- Lower rate of LGE and the lower sensitivity of the 2018-LL criteria in ICI-M than in viral myocarditis; LGE more commonly involves the mid-wall of the basal and mid septum.
- A retrospective analysis of 79 patients with ICI-myocarditis and mapping data showed that 100% of patients met at least one of the revised LLC on MRI and 48% met both T1 and T2-based criteria.





SAPIENZA  
UNIVERSITÀ DI ROMA

# MYOCARDITIS - CMR



## Revised Lake-Louise Criteria

JOURNAL OF THE AMERICAN COLLEGE OF CARDIOLOGY  
© 2018 PUBLISHED BY ELSEVIER ON BEHALF OF THE AMERICAN COLLEGE OF CARDIOLOGY FOUNDATION  
VOL. 72, NO. 24, 2018

THE PRESENT AND FUTURE

JACC STATE-OF-THE-ART REVIEW

### Cardiovascular Magnetic Resonance in Nonischemic Myocardial Inflammation

Expert Recommendations



Vanessa M. Ferreira, MD, DPhM,<sup>a</sup> Jeanette Schulz-Menger, MD,<sup>b</sup> Godtfred Holmvang, MD,<sup>c</sup> Christopher M. Kramer, MD,<sup>d</sup> Iacopo Carbone, MD,<sup>e</sup> Udo Sechtem, MD,<sup>f</sup> Ingrid Kindermann, MD,<sup>g</sup> Matthias Gutberlet, MD,<sup>h</sup> Leslie T. Cooper, MD,<sup>i</sup> Peter Liu, MD,<sup>j</sup> Matthias G. Friedrich, MD<sup>k,m</sup>

2009

2018

2024

Journal of the American College of Cardiology  
© 2009 by the American College of Cardiology Foundation  
Published by Elsevier Inc.

Vol. 53, No. 17, 2009  
ISSN 0735-1097/09/\$36.00  
doi:10.1016/j.jacc.2009.02.007

JACC White Paper

### Cardiovascular Magnetic Resonance in Myocarditis: A JACC White Paper

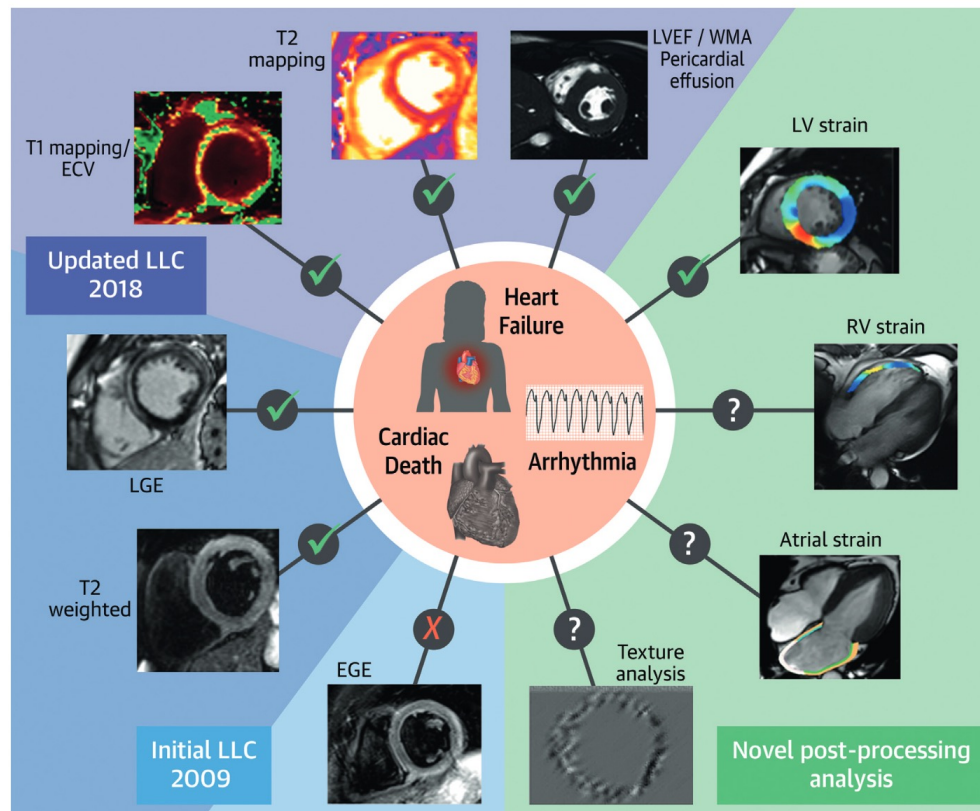
Matthias G. Friedrich, MD,<sup>a</sup> Udo Sechtem, MD,<sup>b</sup> Jeanette Schulz-Menger, MD,<sup>c</sup> Godtfred Holmvang, MD,<sup>d</sup> Pauline Alakija, MD,<sup>e</sup> Leslie T. Cooper, MD,<sup>f</sup> James A. White, MD,<sup>g</sup> Hassan Abdel-Aty, MD,<sup>h</sup> Matthias Gutberlet, MD,<sup>i</sup> Sanjay Prasad, MD,<sup>††</sup> Anthony Aletras, PhD,<sup>‡‡</sup> Jean-Pierre Laissy, MD,<sup>§§</sup> Ian Paterson, MD,<sup>||</sup> Neil G. Filipchuk, MD,<sup>\*</sup> Andreas Kumar, MD,<sup>\*</sup> Matthias Pauschinger, MD,<sup>¶¶</sup> Peter Liu, MD,<sup>##</sup> for the International Consensus Group on Cardiovascular Magnetic Resonance in Myocarditis

## Lake-Louise Criteria

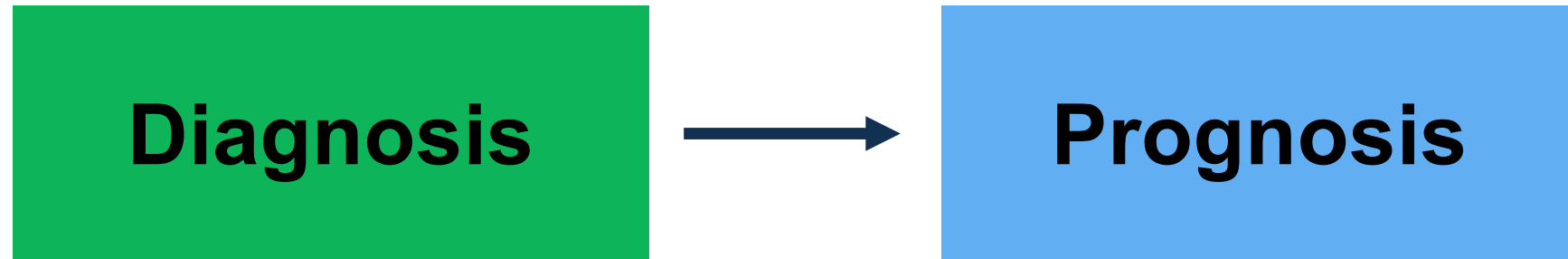


# MYOCARDITIS - CMR


**CENTRAL ILLUSTRATION** Association of CMR Parameters With Outcome in Patients With Clinically Suspected Myocarditis



Eichhorn C, et al. J Am Coll Cardiol Img. 2022;15(7):1325-1338.



## 3-6 months follow-up

 **ESC**  
European Society  
of Cardiology  
European Heart Journal (2021) 42, 3599 – 3726  
doi:10.1093/eurheartj/ehab368

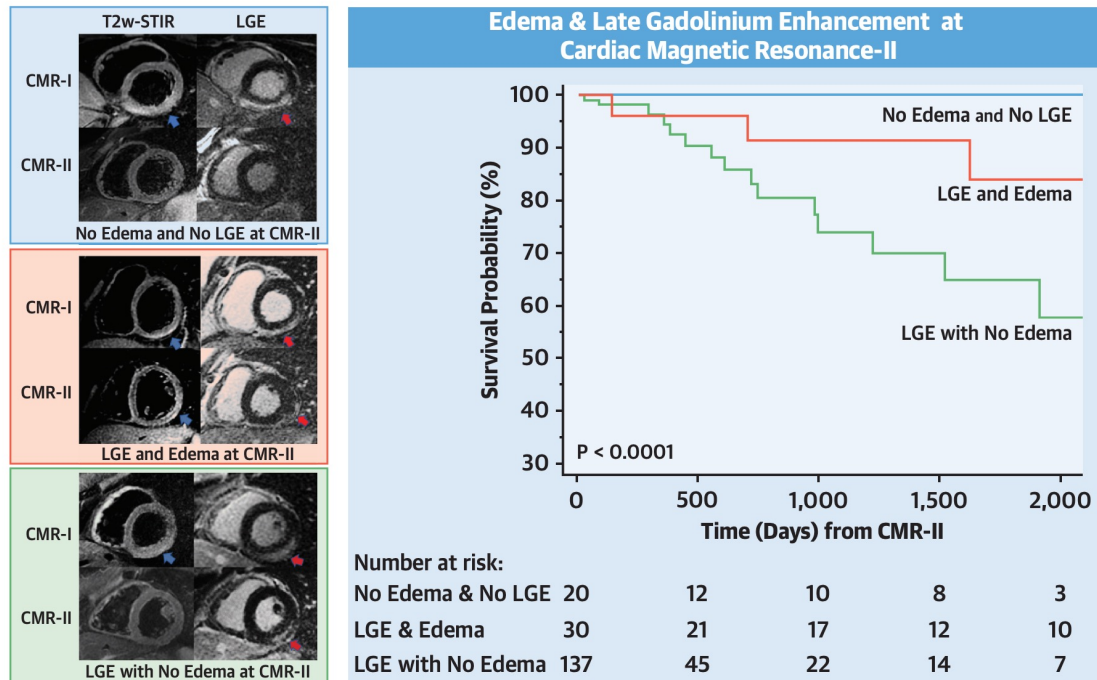
**ESC GUIDELINES**

### 2021 ESC Guidelines for the diagnosis and treatment of acute and chronic heart failure

Developed by the Task Force for the diagnosis and treatment of acute and chronic heart failure of the European Society of Cardiology (ESC)

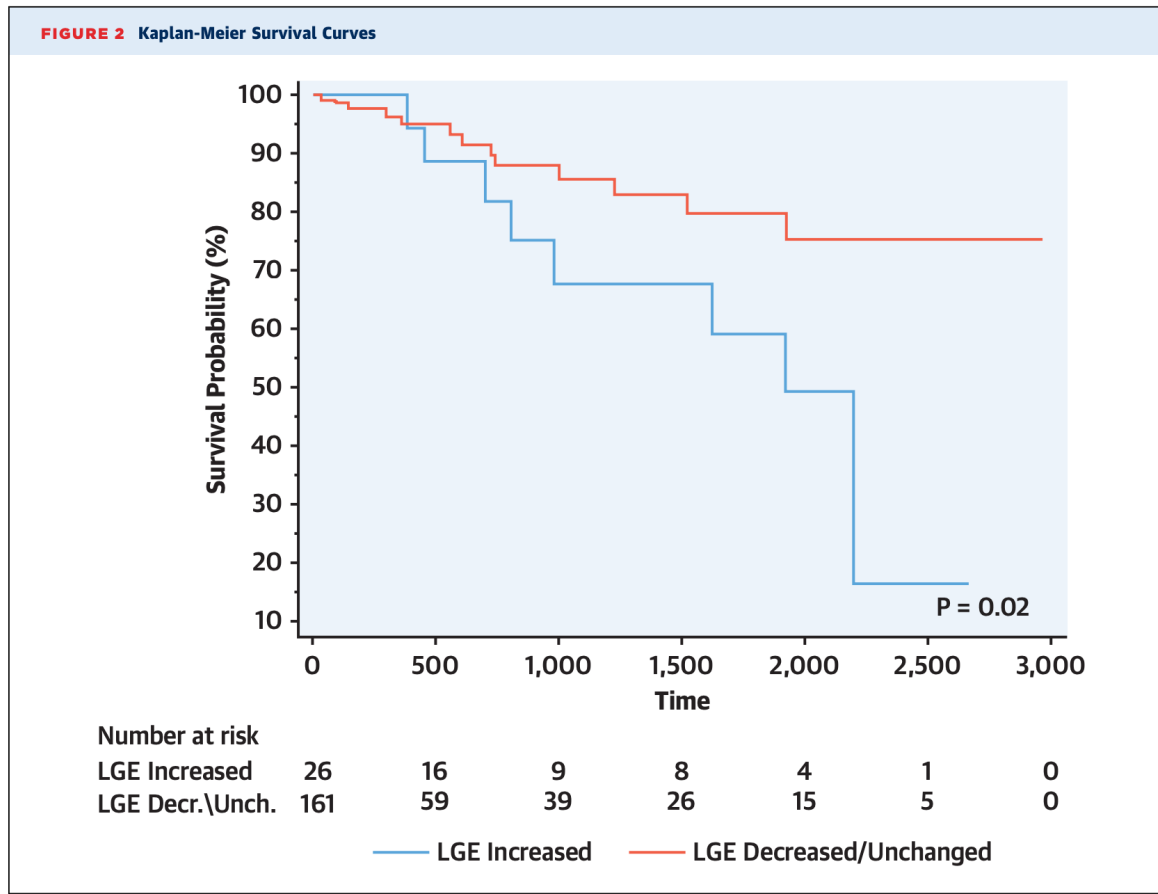
With the special contribution of the Heart Failure Association (HFA) of the ESC

**CENTRAL ILLUSTRATION** Prognostic Role of 6-Month Follow-Up CMR in Myocarditis



Aquaro, G.D. et al. J Am Coll Cardiol. 2019;74(20):2439-48.

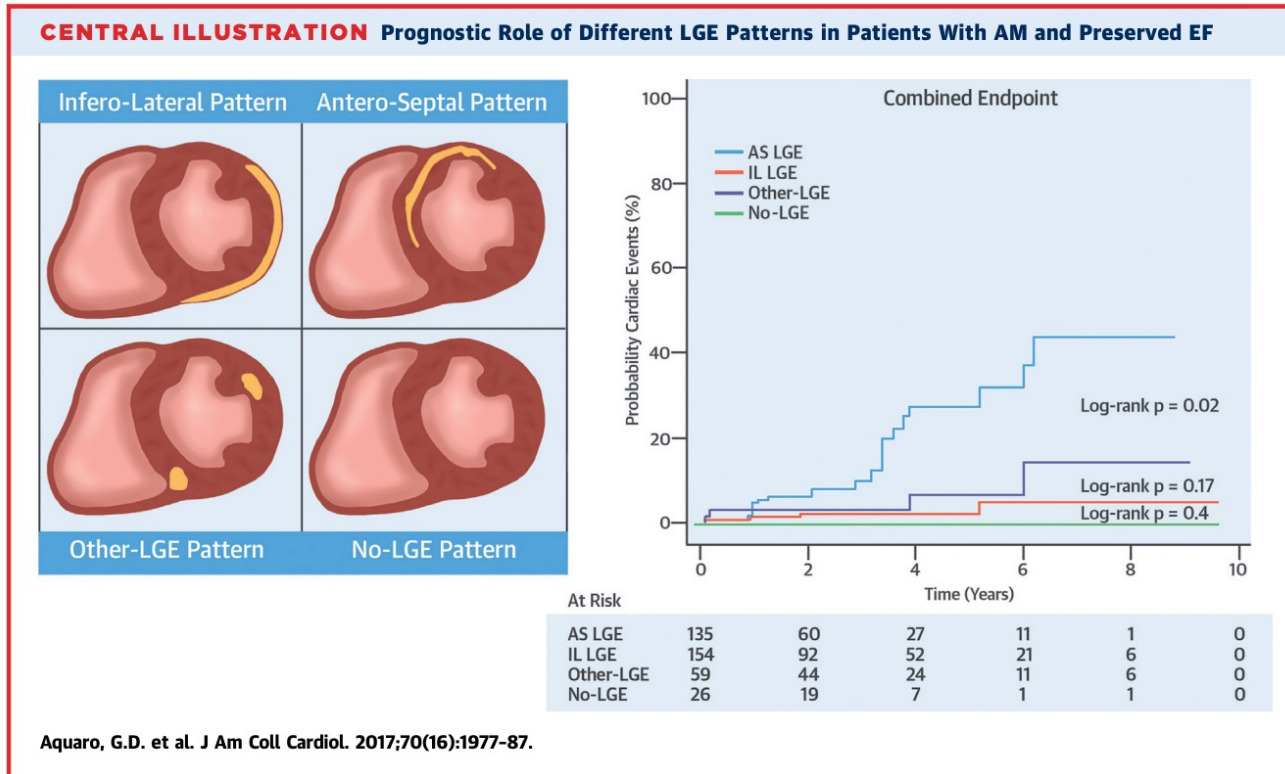
- LGE is not a marker of irreversible myocardial damage
- in patients with LGE and edema there was active inflammation with the potential to heal in the future, whereas in those without edema, LGE represents a definite fibrosis.



- Myocardial damage might continue as the result of an autoimmune response or multiple relapse of myocarditis



Disease progression and worse outcome



- in the ITAMY registry, the midwall septal pattern of LGE was associated with a worse prognosis than the inferior and/or lateral subepicardial pattern.



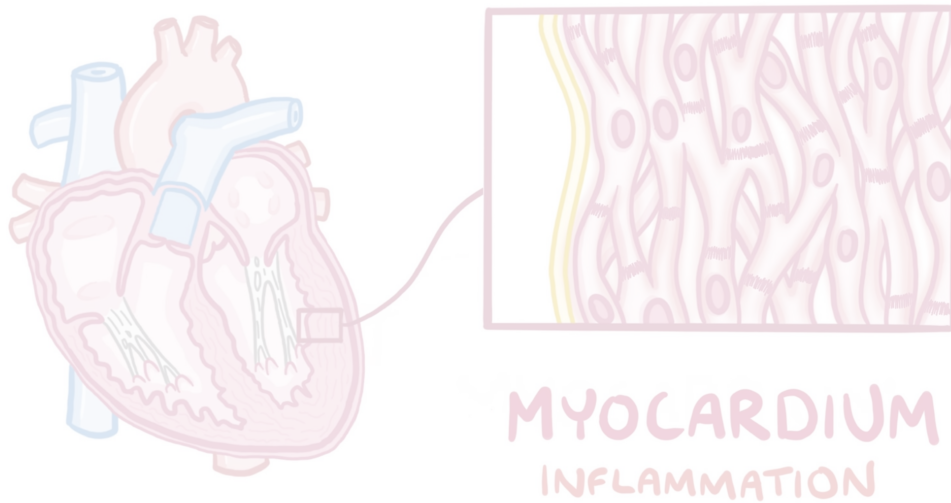
## Protocolli cardiologici per il giudizio di idoneità allo sport agonistico (COCIS) 2023

	Classe	LDE
I soggetti con diagnosi di miocardite certa o probabile devono sospendere l'attività sportiva agonistica, finché il processo morboso non sia totalmente guarito e comunque per un periodo non inferiore a 3 - 6 mesi dall'esordio della malattia.	III	B
Nei soggetti considerati guariti da una miocardite senza esiti * dopo 3-6 mesi non vi sono controindicazioni a partecipare ad attività sportive agonistiche. Un caso particolare rappresenta la persistenza di LGE alla RM nonostante la normalizzazione di tutti gli altri esami: tale circostanza è trattata nel capitolo sulla cicatrice non ischemica del ventricolo sinistro.	I	C

	Classe	LDE
Gli atleti con cicatrice non ischemica del ventricolo sinistro associata a disfunzione ventricolare sinistra (FE <50% ECO, <45% RM) e/o alterazioni dell'ECG (bassi voltaggi del QRS nelle periferiche e/o onde T invertite) e/o aritmie ventricolari significative (BPV indotti dallo sforzo frequenti, polimorfi o ripetitivi) non devono partecipare ad attività sportive agonistiche.	III	C
Gli atleti con cicatrice non ischemica <i>circoscritta</i> (<3 segmenti) localizzata alla parete libera del ventricolo sinistro, con normale funzione sistolica dello stesso, normale ECG e assenza di aritmie ventricolari significative (TE massimale e Holter con allenamento) potrebbero svolgere attività sportiva agonistica in tutti gli sport dopo accurata valutazione del rischio (vedi testo), caso per caso e condotta in centri di riferimento di provata esperienza. Gli atleti con cicatrice non ischemica del ventricolo sinistro <i>estesa</i> (3 o più segmenti) anche in assenza di marker di rischio non dovrebbero partecipare ad attività sportive agonistiche, con la possibile eccezione delle attività sportive del Gruppo A, dopo accurata valutazione del rischio caso per caso e condotta in centri di riferimento di provata esperienza.	II	C

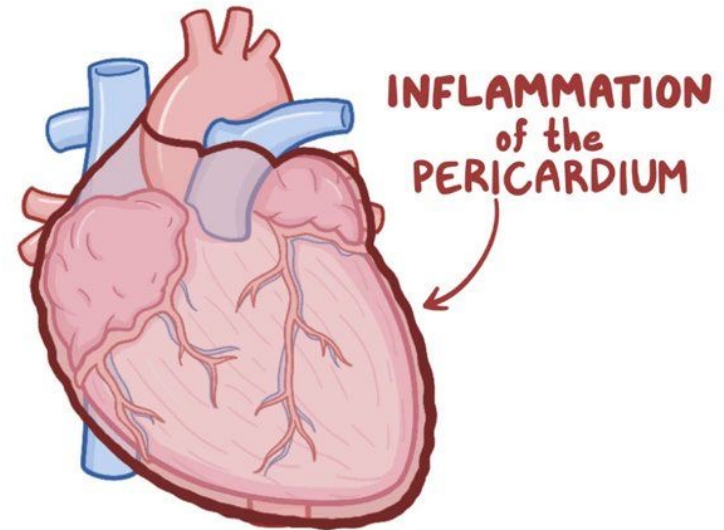


## MYOCARDITIS

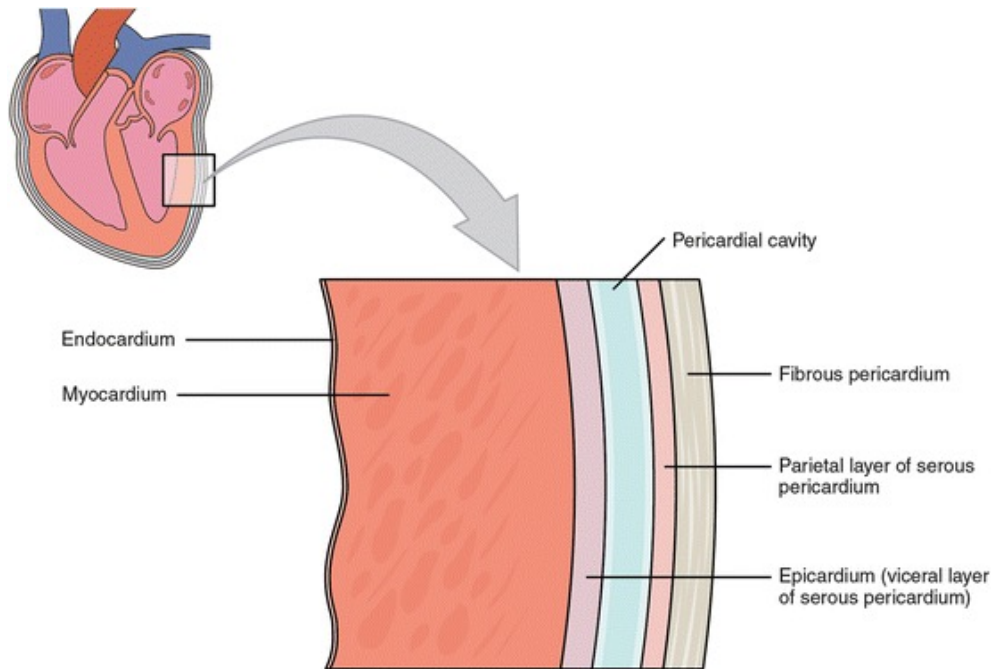


Inflammatory condition of the heart muscle (myocardium).

## PERICARDITIS



Inflammation of the pericardium, the thin, two-layered sac-like membrane that surrounds the heart.



Normal thickness → < 2 mm

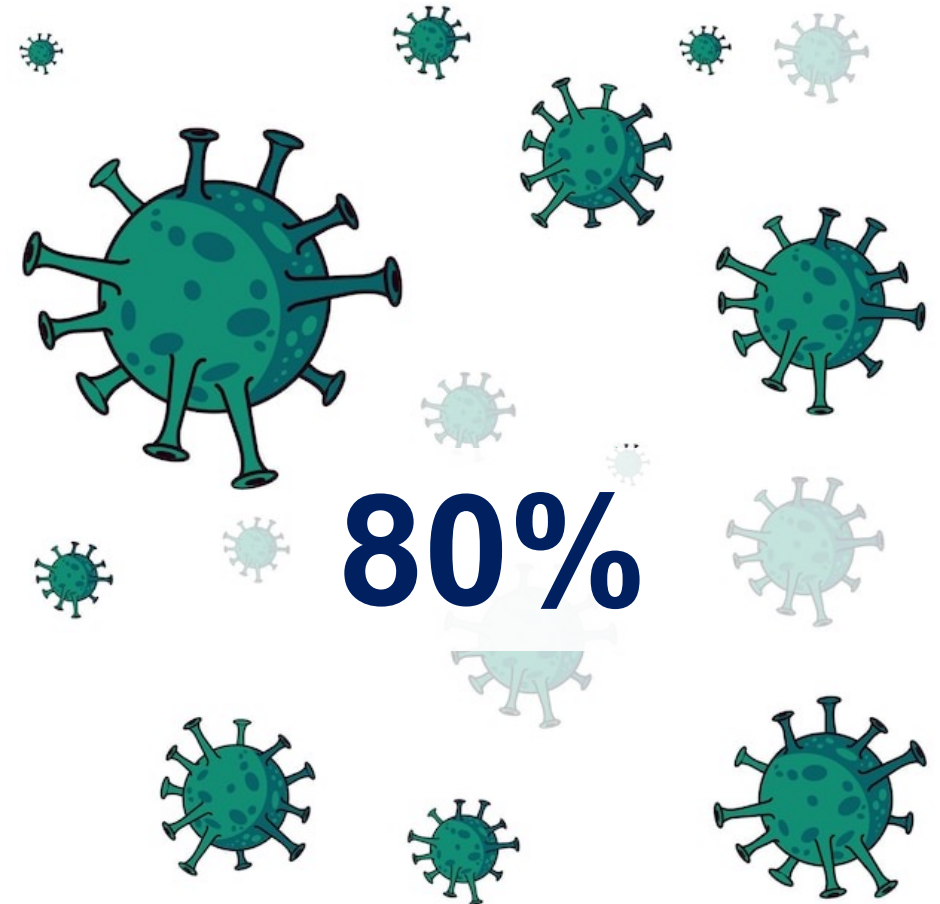
Abnormal thickness → 4 mm

Risk of constriction → >5-6 mm



**Table 2. Etiologies of Acute Pericarditis**

Infectious	Noninfectious	Hypersensitivity- or autoimmunity-related
Viral*	Acute idiopathic*	Medication induced (select drugs)*
Adenovirus	Acute myocardial infarction*	Anticoagulants
Coxsackie virus A and B	Neoplastic*	Hydralazine
Echovirus	Primary tumors	Isoniazid
Epstein-Barr virus	Fibroma	Minoxidil
Hepatitis	Lipoma	Phenytoin (Dilantin)
Human immunodeficiency virus	Mesothelioma	Procainamide
Influenza	Sarcoma	Metabolic disorders*
Mumps	Metastatic tumors	Gout
Bacterial*	Breast	Myxedema
<i>Haemophilus</i>	Leukemia	Renal insufficiency (i.e., dialysis pericarditis)
<i>Legionella</i>	Lung	Uremia
Meningococcus	Lymphoma	Postcardiac injury
<i>Neisseria</i>	Melanoma	Postmyocardial infarction (Dressler syndrome)
Pneumococcus	Sarcoma	Postpericardiotomy syndrome
<i>Salmonella</i>	Trauma	Posttraumatic
<i>Staphylococcus</i>	Direct pericardial injury	Collagen vascular disease
<i>Streptococcus</i>	Cardiac injury (e.g., cardiac surgery, catheterization)	Ankylosing spondylitis
<i>Streptococcus pneumoniae</i> (in children)	Pericardial perforation (e.g., gastric/esophageal perforation, chest trauma)	Dermatomyositis
Syphilis	Indirect pericardial injury	Familial Mediterranean fever
Tuberculosis	Blunt chest trauma	Polyarteritis nodosa
Whipple disease	Radiation	Rheumatoid arthritis
Fungal	Aortic dissection (with leakage into pericardial sac)	Sarcoidosis
Aspergillosis	Chylopericardium	Scleroderma
Blastomycosis	Familial pericarditis	Sjögren syndrome
<i>Candida</i>	Pregnancy	Systemic lupus erythematosus
Coccidioidomycosis		Wegener granulomatosis
Histoplasmosis		Rheumatic fever
Other		
Parasitic		
Protozoal		





## Diagnosis

- The use of CMR remains limited;
- Ability to provide information when hemodynamic assessment with echocardiography is difficult and the diagnosis remains unclear.

**Table 4** Criteria for acute pericarditis (the presence of two criteria is considered diagnostic)

Typical chest pain

Pericardial friction rub

ECG changes consistent with pericarditis

New or worsening PEff

\*Elevated C-reactive protein or ultrasensitive C-reactive protein/  
Westergren sedimentation rate is a confirmatory finding

\*LGE on CMR may be a new confirmatory finding

Adapted from Imazio.<sup>4</sup>



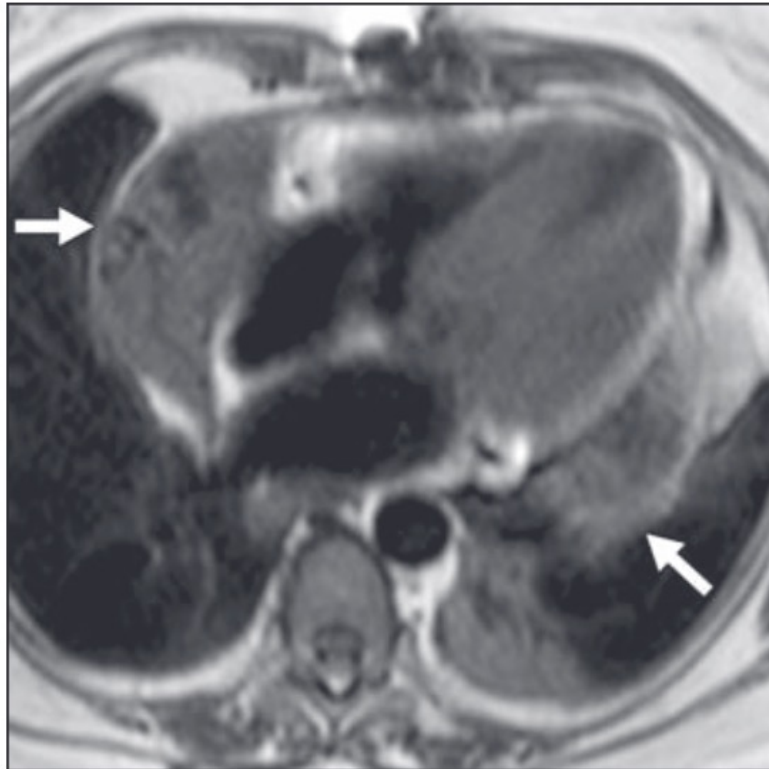
- Pericardial thickening
- Pericardial enhancement
- Pericardial effusion characterization:
  - Transudate: low T1, high T2
  - Exsudate: low-intermed T1, intermed T2
  - Chilosus: high T1
  - Blood: variable T1 and T2 (age-dependent)

**Table 1** A summary comparing different kinds of pericardial effusions according to the signal intensity (S.I) on T1 weighted imaging (T1W), T2 weighted imaging (T2W), and the T1 time in milliseconds (ms) in T1 mapping sequence

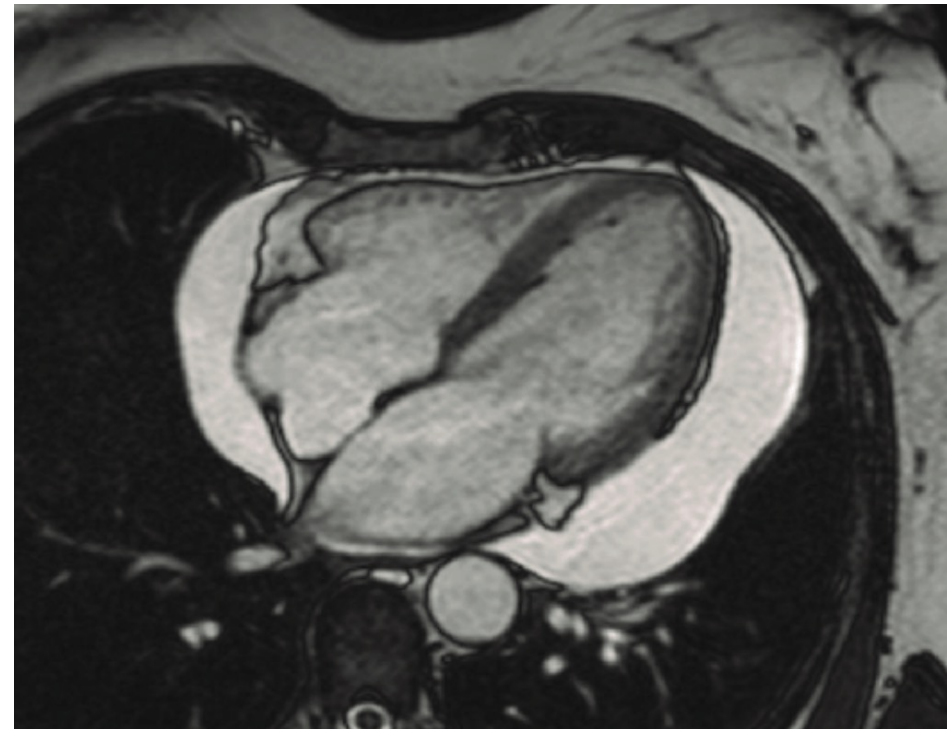
	T1W(S.I)	T2W(S.I)	T1 mapping
Exudates	Medium	Medium	> 3013 ms
Transudates	Low	High	< 3013 ms
Hemorrhagic	High	High	–
Proteinaceous	High	Low	–



## Essudate



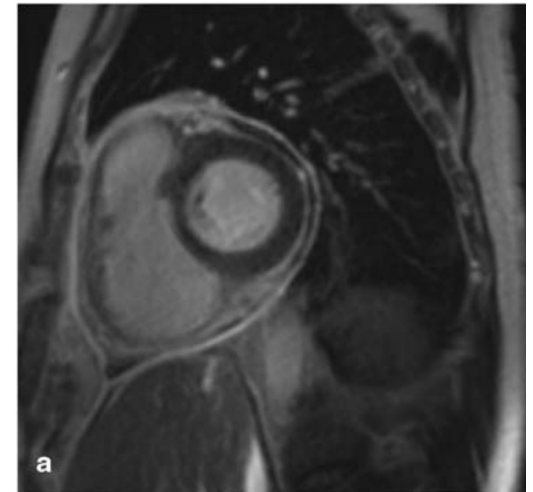
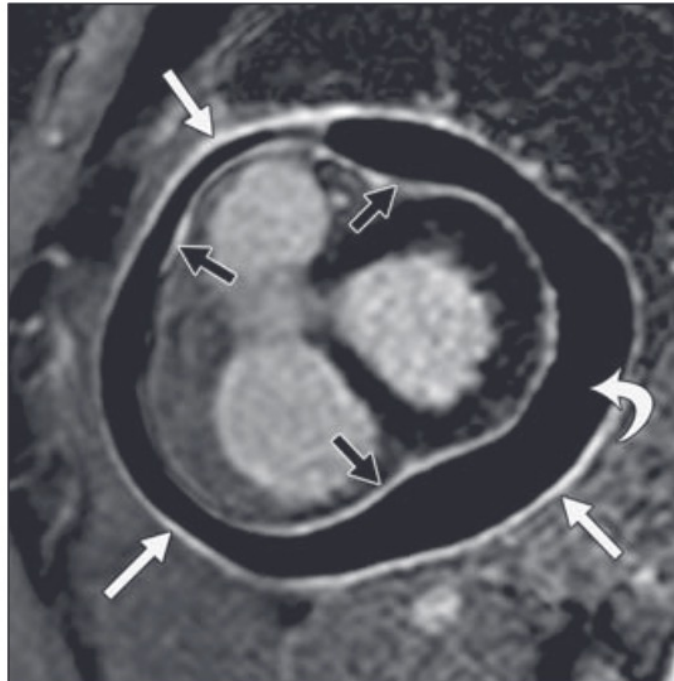
## Trasudate





# PERICARDITIS

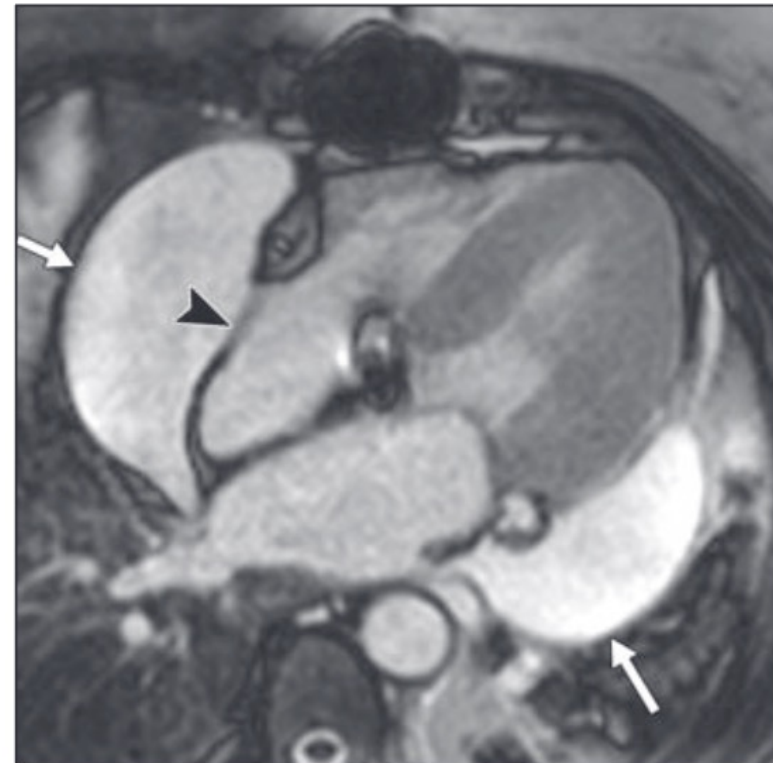
## Pericardial enhancement



Klein, Allan L et al. "American Society of Echocardiography clinical recommendations for multimodality cardiovascular imaging of patients with pericardial disease: endorsed by the Society for Cardiovascular Magnetic Resonance and Society of Cardiovascular Computed Tomography." Journal of the American Society of Echocardiography doi:10.1016/j.jecho.2013.06.023

## Pericardial tamponade

With cine SSFP imaging and real-time cine CMR imaging, flattening of the interventricular septum, compression of the coronary sinus, distention of the superior vena cava, and the respiratory ventricular interdependence can be imaged.





## TAKE HOME MESSAGE

- Myocarditis and pericarditis are connected;
- MRI is fundamental for diagnosis (Lake Louise criteria 2.0) and prognosis (3-6 months)
- Evaluate LGE pattern and evolution of LGE
- Higher accuracy and sensitivity of Parametric imaging compared to standard sequences
- MRI is only supportive in pericarditis

